

ASRock®

Z490M-ITX/ac

User Manual

Version 1.1

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- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

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The Lithium battery adopted on this motherboard contains Perchlorate, a toxic substance controlled in Perchlorate Best Management Practices (BMP) regulations passed by the California Legislature. When you discard the Lithium battery in California, USA, please follow the related regulations in advance.

“Perchlorate Material-special handling may apply, see www.dtsc.ca.gov/hazardouswaste/perchlorate”

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CE Warning

This device complies with directive 2014/53/EU issued by the Commision of the European Community.

This equipment complies with EU radiation exposure limits set forth for an uncontrolled environment.

This equipment should be installed and operated with minimum distance 20cm between the radiator & your body.

Operations in the 5.15-5.35GHz band are restricted to indoor usage only.

	AT	BE	BG	CH	CY	CZ	DE
	DK	EE	EL	ES	FI	FR	HR
	HU	IE	IS	IT	LI	LT	LU
	LV	MT	NL	NO	PL	PT	RO
	SE	SI	SK	TR	UK		



Radio transmit power per transceiver type

Function	Frequency	Maximum Output Power (EIRP)
WiFi	2400-2483.5 MHz	18.5 + / -1.5 dbm
	5150-5250 MHz	21.5 + / -1.5 dbm
	5250-5350 MHz	18.5 + / -1.5 dbm (no TPC)
		21.5 + / -1.5 dbm (TPC)
	5470-5725 MHz	25.5 + / -1.5 dbm (no TPC)
Bluetooth		28.5 + / -1.5 dbm (TPC)
	2400-2483.5 MHz	8.5 + / -1.5 dbm

Contents

Chapter 1 Introduction	1
1.1 Package Contents	1
1.2 Specifications	2
1.3 Motherboard Layout	7
1.4 I/O Panel	9
1.5 WiFi-802.11ac Module and ASRock WiFi 2.4/5 GHz Antenna	11
Chapter 2 Installation	13
2.1 Installing the CPU	14
2.2 Installing the CPU Fan and Heatsink	17
2.3 Installing Memory Modules (DIMM)	18
2.4 Expansion Slots (PCI Express Slot)	20
2.5 Jumpers Setup	21
2.6 Onboard Headers and Connectors	22
2.7 M.2_SSD (NGFF) Module Installation Guide (M2_1 and M2_2)	27
Chapter 3 Software and Utilities Operation	32
3.1 Installing Drivers	32
3.2 ASRock Motherboard Utility (A-Tuning)	33
3.2.1 Installing ASRock Motherboard Utility (A-Tuning)	33
3.2.2 Using ASRock Motherboard Utility (A-Tuning)	33
3.3 ASRock Live Update & APP Shop	36
3.3.1 UI Overview	36
3.3.2 Apps	37

3.3.3	BIOS & Drivers	40
3.3.4	Setting	41
3.4	Nahimic Audio	42
3.5	ASRock Polychrome SYNC	43

Chapter 4	UEFI SETUP UTILITY	46
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4.1	Introduction	46
4.2	EZ Mode	47
4.3	Advanced Mode	48
4.3.1	UEFI Menu Bar	48
4.3.2	Navigation Keys	49
4.4	Main Screen	50
4.5	OC Tweaker Screen	51
4.6	Advanced Screen	62
4.6.1	CPU Configuration	63
4.6.2	Chipset Configuration	65
4.6.3	Storage Configuration	68
4.6.4	Super IO Configuration	69
4.6.5	ACPI Configuration	70
4.6.6	USB Configuration	71
4.6.7	Trusted Computing	72
4.7	Tools	73
4.8	Hardware Health Event Monitoring Screen	75
4.9	Security Screen	77
4.10	Boot Screen	78
4.11	Exit Screen	81

Chapter 1 Introduction

Thank you for purchasing ASRock Z490M-ITX/ac motherboard, a reliable motherboard produced under ASRock's consistently stringent quality control. It delivers excellent performance with robust design conforming to ASRock's commitment to quality and endurance.

In this documentation, Chapter 1 and 2 contains the introduction of the motherboard and step-by-step installation guides. Chapter 3 contains the operation guide of the software and utilities. Chapter 4 contains the configuration guide of the BIOS setup.



Because the motherboard specifications and the BIOS software might be updated, the content of this documentation will be subject to change without notice. In case any modifications of this documentation occur, the updated version will be available on ASRock's website without further notice. If you require technical support related to this motherboard, please visit our website for specific information about the model you are using. You may find the latest VGA cards and CPU support list on ASRock's website as well. ASRock website <http://www.asrock.com>.

1.1 Package Contents

- ASRock Z490M-ITX/ac Motherboard (Mini-ITX Form Factor)
- ASRock Z490M-ITX/ac Quick Installation Guide
- ASRock Z490M-ITX/ac Support CD
- 2 x Serial ATA (SATA) Data Cables (Optional)
- 1 x I/O Panel Shield
- 2 x ASRock WiFi 2.4/5 GHz Antennas (Optional)
- 2 x Screws for M.2 Sockets (Optional)

1.2 Specifications

Platform • Mini-ITX Form Factor

CPU

- Supports 10th Gen Intel® Core™ Processors (Socket 1200)
- Digi Power design
- 8 Power Phase design
- Supports Intel® Turbo Boost 3.0 Technology
- Supports Intel® K-Series unlocked CPUs
- Supports ASRock BCLK Full-range Overclocking

Chipset • Intel® Z490

Memory

- Dual Channel DDR4 Memory Technology
- 2 x DDR4 DIMM Slots
- Supports DDR4 4400+(OC)*/4333(OC)/4266(OC)/4133(OC)/4000(OC)/3866(OC)/3800(OC)/3733(OC)/3600(OC)/3200(OC)/2933/2800/2666/2400/2133 non-ECC, un-buffered memory
- * Please refer to Memory Support List on ASRock's website for more information. (<http://www.asrock.com/>)
- * Core™ (i9/i7) support DDR4 up to 2933; Core™ (i5/i3), Pentium® and Celeron® support DDR4 up to 2666.
- Supports ECC UDIMM memory modules (operate in non-ECC mode)
- Max. capacity of system memory: 64GB
- Supports Intel® Extreme Memory Profile (XMP) 2.0
- 15μ Gold Contact in DIMM Slots

Expansion Slot

- 1 x PCI Express 3.0 x16 Slot (PCIe1: x16 mode)
- * Supports PCIe riser cards to extend one x16 slot to two x8 slots
- * Supports NVMe SSD as boot disks
- 1 x Vertical M.2 Socket (Key E) with the bundled WiFi-802.11ac module (on the rear I/O)

Graphics

- Intel® UHD Graphics Built-in Visuals and the VGA outputs can be supported only with processors which are GPU integrated.
- Hardware Accelerated Codecs: AVC/H.264, HEVC/H.265 8bit, HEVC/H.265 10bit, VP8, VP9 8bit, VP9 10bit, MPEG 2, MJPEG, VC-1
- * VP9 10bit and VC-1 are for decode only.
- * VP8 and VP9 encode are not supported by Windows OS.
- Graphics, Media & Compute: Microsoft DirectX 12, OpenGL 4.5, Intel® Built In Visuals, Intel® Quick Sync Video, Hybrid / Switchable Graphics, OpenCL 2.1
- Display & Content Security: Rec. 2020 (Wide Color Gamut), Microsoft PlayReady 3.0, Intel® SGX Content Protection, UHD/HDR Blu-ray Disc
- Dual graphics output: support HDMI and DisplayPort 1.4 ports by independent display controllers
- Supports HDMI 1.4 with max. resolution up to 4K x 2K (4096x2160) @ 30Hz
- Supports DisplayPort 1.4 with max. resolution up to 4K x 2K (4096x2304) @ 60Hz
- Supports Auto Lip Sync, Deep Color (12bpc), xvYCC and HBR (High Bit Rate Audio) with HDMI 1.4 Port (Compliant HDMI monitor is required)
- Supports HDCP 2.3 with HDMI 1.4 and DisplayPort 1.4 Ports
- Supports 4K Ultra HD (UHD) playback with HDMI 1.4 and DisplayPort 1.4 Ports

Audio

- 7.1 CH HD Audio with Content Protection (Realtek ALC1200 Audio Codec)
- Premium Blu-ray Audio support
- Supports Surge Protection
- PCB Isolate Shielding
- Individual PCB Layers for R/L Audio Channel
- Nahimic Audio

LAN**1 x 2.5 Gigabit LAN 10/100/1000/2500 Mb/s (Dragon RTL-8125BG):**

- Supports Dragon 2.5G LAN Software
 - Smart Auto Adjust Bandwidth Control
 - Visual User Friendly UI
 - Visual Network Usage Statistics
 - Optimized Default Setting for Game, Browser, and Streaming Modes
 - User Customized Priority Control
- Supports Wake-On-LAN
- Supports Lightning/ESD Protection
- Supports Energy Efficient Ethernet 802.3az
- Supports PXE

1 x Gigabit LAN 10/100/1000 Mb/s (Intel® I219V):

- Supports Wake-On-LAN
- Supports Lightning/ESD Protection
- Supports Energy Efficient Ethernet 802.3az
- Supports PXE

Wireless LAN

- Intel® 802.11ac WiFi Module
- Supports IEEE 802.11a/b/g/n/ac
- Supports Dual-Band (2.4/5 GHz)
- Supports high speed wireless connections up to 433Mbps
- Supports Bluetooth 4.2 / 3.0 + High speed class II

Rear Panel I/O

- 2 x Antenna Ports
- 1 x PS/2 Mouse/Keyboard Port
- 1 x HDMI Port
- 1 x DisplayPort 1.4
- 2 x USB 2.0 Ports (Supports ESD Protection)
- 4 x USB 3.2 Gen2 Type-A Ports (10 Gb/s) (Supports ESD Protection)
- 1 x USB 3.2 Gen1 Type-A Port (Supports ESD Protection)
- 1 x USB 3.2 Gen1 Type-C Port (Supports ESD Protection)
- 2 x RJ-45 LAN Ports with LED (ACT/LINK LED and SPEED LED)
- HD Audio Jacks: Line in / Front Speaker / Microphone

Storage

- 4 x SATA3 6.0 Gb/s Connectors, support RAID (RAID 0, RAID 1, RAID 5, RAID 10, Intel Rapid Storage Technology 17), NCQ, AHCI and Hot Plug*
- 1 x Ultra M.2 Socket (M2_1), supports M Key type 2280 M.2 SATA3 6.0 Gb/s module and M.2 PCI Express module up to Gen3 x4 (32 Gb/s)**
- 1 x Ultra M.2 Socket (M2_2), supports M Key type 2280 M.2 PCI Express module up to Gen3 x4 (32 Gb/s)**

** Supports Intel® Optane™ Technology

** Supports NVMe SSD as boot disks

** Supports ASRock U.2 Kit

Connector

- 1 x RGB LED Header
- * Support in total up to 12V/3A, 36W LED Strip
- 1 x Addressable LED Header
- * Support in total up to 5V/3A, 15W LED Strip
- 1 x CPU Fan Connector (4-pin)
- * The CPU Fan Connector supports the CPU fan of maximum 1A (12W) fan power.
- 1 x Chassis Fan Connector (4-pin)
- * The Chassis Fan Connector supports the chassis fan of maximum 1A (12W) fan power.
- 1 x Chassis/Water Pump Fan Connector (4-pin) (Smart Fan Speed Control)
- * The Chassis/Water Pump Fan supports the water cooler fan of maximum 2A (24W) fan power.
- * CHA_FAN1/WP can auto detect if 3-pin or 4-pin fan is in use.
- 1 x 24 pin ATX Power Connector
- 1 x 8 pin 12V Power Connector
- 1 x Front Panel Audio Connector
- 1 x USB 2.0 Header (Supports 2 USB 2.0 ports) (Supports ESD Protection)
- 1 x USB 3.2 Gen1 Header (Supports 2 USB 3.2 Gen1 ports) (Supports ESD Protection)

BIOS**Feature**

- AMI UEFI Legal BIOS with multilingual GUI support
- ACPI 6.0 Compliant wake up events
- SMBIOS 2.7 Support
- CPU, DRAM, PCH 1.05V, VCCIO, VCCSA Voltage Multi-adjustment

Hardware Monitor

- Temperature Sensing: CPU, Chassis, Chassis/Water Pump Fans
- Fan Tachometer: CPU, Chassis, Chassis/Water Pump Fans
- Quiet Fan (Auto adjust chassis fan speed by CPU temperature): CPU, Chassis, Chassis/Water Pump Fans
- Fan Multi-Speed Control: CPU, Chassis, Chassis/Water Pump Fans
- Voltage monitoring: +12V, +5V, +3.3V, CPU Vcore

OS

Microsoft® Windows® 10 64-bit

Certifications

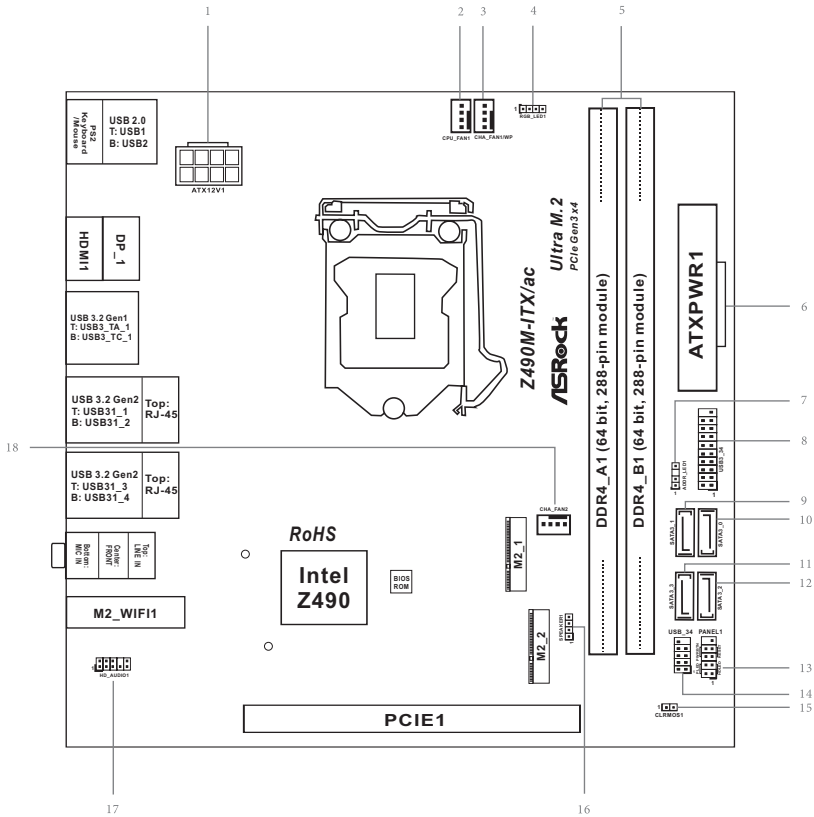
- FCC, CE
- ErP/EuP ready (ErP/EuP ready power supply is required)

* For detailed product information, please visit our website: <http://www.asrock.com>



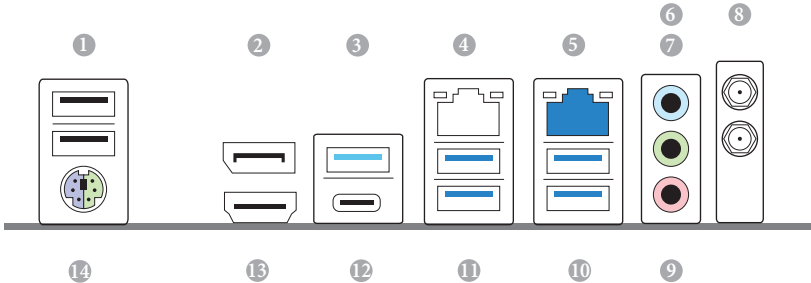
Please realize that there is a certain risk involved with overclocking, including adjusting the setting in the BIOS, applying Untied Overclocking Technology, or using third-party overclocking tools. Overclocking may affect your system's stability, or even cause damage to the components and devices of your system. It should be done at your own risk and expense. We are not responsible for possible damage caused by overclocking.

1.3 Motherboard Layout



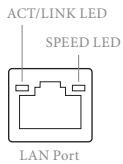
No.	Description
1	ATX 12V Power Connector (ATX12V1)
2	CPU Fan Connector (CPU_FAN1)
3	Chassis/Waterpump Fan Connector (CHA_FAN1/WP)
4	RGB LED Header (RGB_LED1)
5	2 x 288-pin DDR4 DIMM Slots (DDR4_A1, DDR4_B1)
6	ATX Power Connector (ATXPWR1)
7	Addressable LED Header (ADDR_LED1)
8	USB 3.2 Gen1 Header (USB3_34)
9	SATA3 Connector (SATA3_1)
10	SATA3 Connector (SATA3_0)
11	SATA3 Connector (SATA3_3)
12	SATA3 Connector (SATA3_2)
13	System Panel Header (PANEL1)
14	USB 2.0 Header (USB_34)
15	Clear CMOS Jumper (CLRMOS1)
16	Chassis Speaker Header (SPEAKER1)
17	Front Panel Audio Header (HD_AUDIO1)
18	Chassis Fan Connector (CHA_FAN2)

1.4 I/O Panel



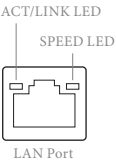
No.	Description	No.	Description
1	USB 2.0 Ports (USB12)	8	Antenna Ports
2	DisplayPort 1.4	9	Microphone (Pink)***
3	USB 3.2 Gen1 Type-A Port (USB3_TA_1)	10	USB 3.2 Gen2 Type-A Ports (USB3I_34)
4	LAN RJ-45 Port (Intel® I219V)*	11	USB 3.2 Gen2 Type-A Ports (USB3I_12)
5	2.5G LAN RJ-45 Port (Dragon RTL8125BG)**	12	USB 3.2 Gen1 Type-C Port (USB3_TC_1)
6	Line In (Light Blue)***	13	HDMI Port
7	Front Speaker (Lime)***	14	PS/2 Mouse/Keyboard Port

* There are two LEDs on each LAN port. Please refer to the table below for the LAN port LED indications.



Activity / Link LED		Speed LED	
Status	Description	Status	Description
Off	No Link	Off	10Mbps connection
Blinking	Data Activity	Orange	100Mbps connection
On	Link	Green	1Gbps connection

****** There are two LEDs on each LAN port. Please refer to the table below for the LAN port LED indications.



Activity / Link LED		Speed LED	
Status	Description	Status	Description
Off	No Link	Off	10Mbps connection
Blinking	Data Activity	Orange	100Mbps/1Gbps connection
On	Link	Green	2.5Gbps connection

******* Function of the Audio Ports in 7.1-channel Configuration:

Port	Function
Light Blue (Rear panel)	Rear Speaker Out
Lime (Rear panel)	Front Speaker Out
Pink (Rear panel)	Central /Subwoofer Speaker Out
Lime (Front panel)	Side Speaker Out

1.5 WiFi-802.11ac Module and ASRock WiFi 2.4/5 GHz Antennas

WiFi-802.11ac + BT Module

This motherboard comes with an exclusive WiFi 802.11 a/b/g/n/ac + BT v4.2 module (pre-installed on the rear I/O panel) that offers support for WiFi 802.11 a/b/g/n/ac connectivity standards and Bluetooth v4.2. WiFi + BT module is an easy-to-use wireless local area network (WLAN) adapter to support WiFi + BT. Bluetooth v4.2 standard features Smart Ready technology that adds a whole new class of functionality into the mobile devices. BT 4.2 also includes Low Energy Technology and ensures extraordinary low power consumption for PCs.

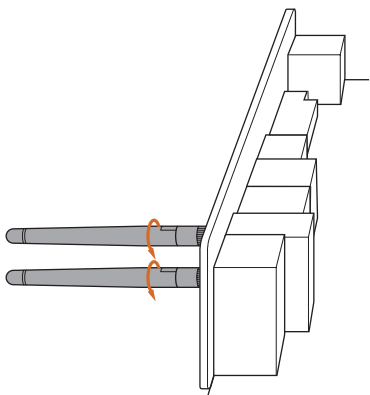
* The transmission speed may vary according to the environment.

WiFi Antennas Installation Guide



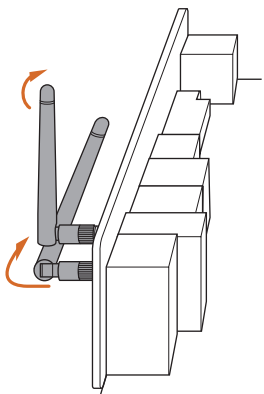
Step 1

Prepare the WiFi 2.4/5 GHz Antennas that come with the package.



Step 2

Connect the two WiFi 2.4/5 GHz Antennas to the antenna connectors. Turn the antenna clockwise until it is securely connected.



Step 3

Set the WiFi 2.4/5 GHz Antenna as shown in the illustration.

*You may need to adjust the direction of the antenna for a stronger signal.

Chapter 2 Installation

This is a Mini-ITX form factor motherboard. Before you install the motherboard, study the configuration of your chassis to ensure that the motherboard fits into it.

Pre-installation Precautions

Take note of the following precautions before you install motherboard components or change any motherboard settings.

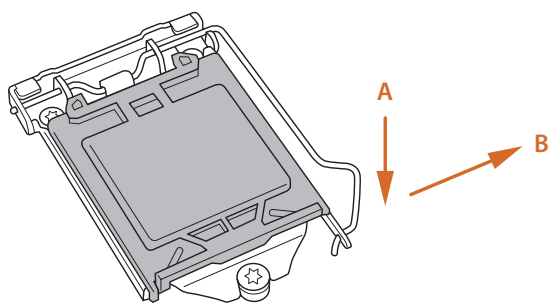
- Make sure to unplug the power cord before installing or removing the motherboard components. Failure to do so may cause physical injuries and damages to motherboard components.
- In order to avoid damage from static electricity to the motherboard's components, NEVER place your motherboard directly on a carpet. Also remember to use a grounded wrist strap or touch a safety grounded object before you handle the components.
- Hold components by the edges and do not touch the ICs.
- Whenever you uninstall any components, place them on a grounded anti-static pad or in the bag that comes with the components.
- When placing screws to secure the motherboard to the chassis, please do not over-tighten the screws! Doing so may damage the motherboard.

2.1 Installing the CPU

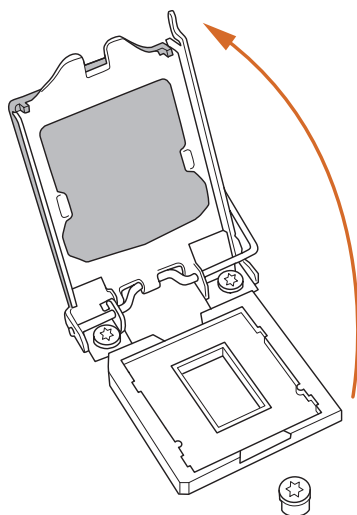


1. Before you insert the 1200-Pin CPU into the socket, please check if the **PnP cap** is on the socket, if the CPU surface is unclean, or if there are any **bent pins** in the socket. Do not force to insert the CPU into the socket if above situation is found. Otherwise, the CPU will be seriously damaged.
2. Unplug all power cables before installing the CPU.

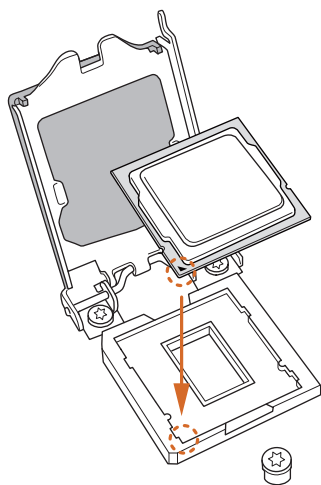
1



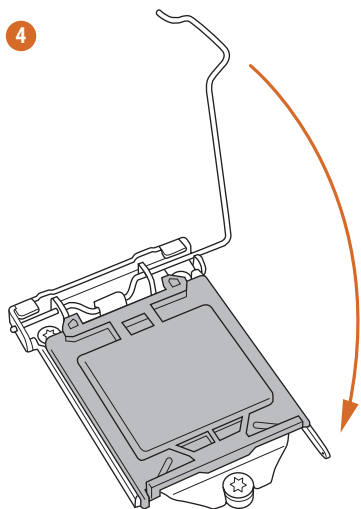
2



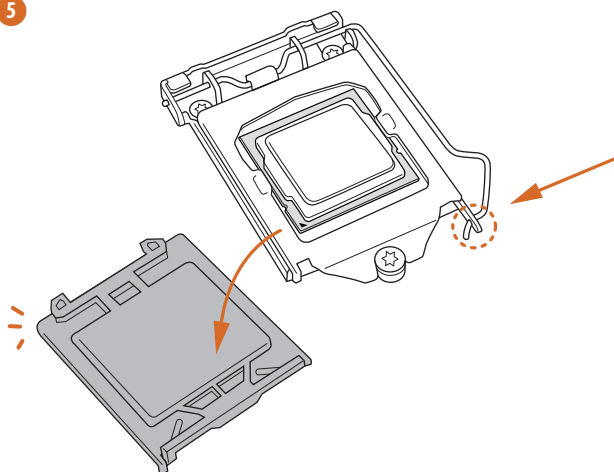
3



4



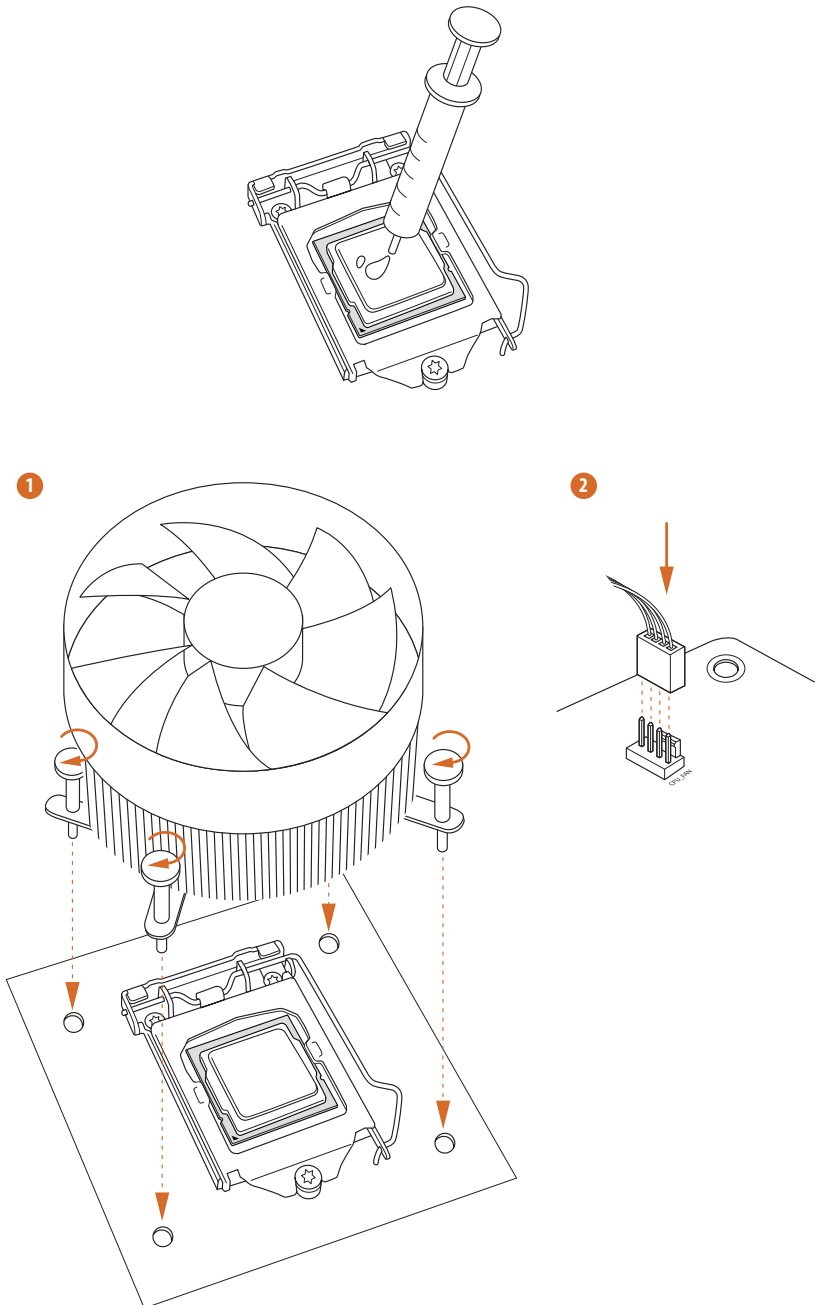
5





Please save and replace the cover if the processor is removed. The cover must be placed if you wish to return the motherboard for after service.

2.2 Installing the CPU Fan and Heatsink



2.3 Installing Memory Modules (DIMM)

This motherboard provides two 288-pin DDR4 (Double Data Rate 4) DIMM slots, and supports Dual Channel Memory Technology.

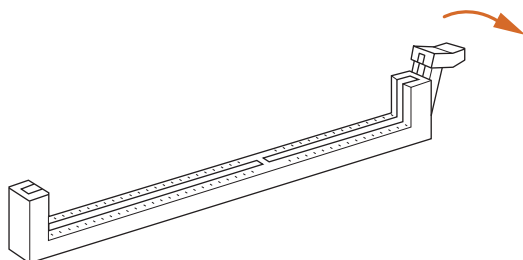


1. For dual channel configuration, you always need to install identical (the same brand, speed, size and chip-type) DDR4 DIMM pairs.
2. It is unable to activate Dual Channel Memory Technology with only one memory module installed.
3. It is not allowed to install a DDR, DDR2 or DDR3 memory module into a DDR4 slot; otherwise, this motherboard and DIMM may be damaged.

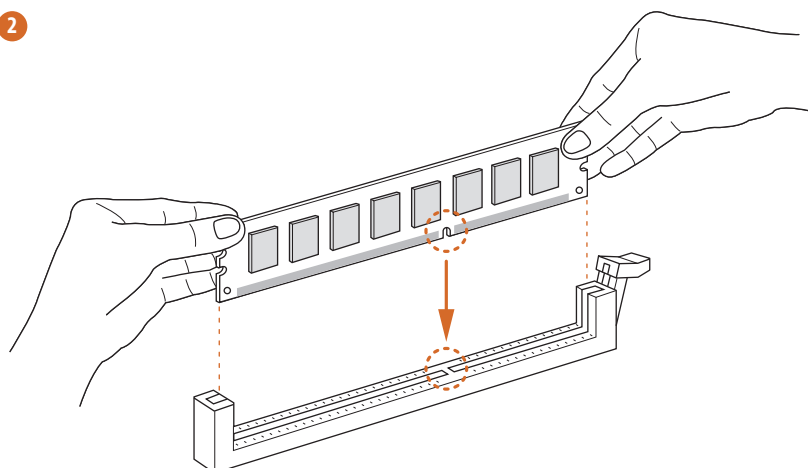


The DIMM only fits in one correct orientation. It will cause permanent damage to the motherboard and the DIMM if you force the DIMM into the slot at incorrect orientation.

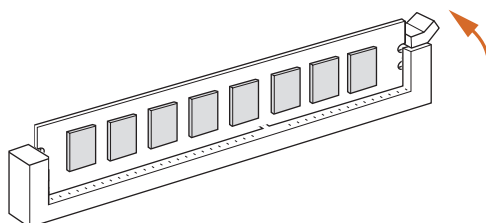
1



2



3



2.4 Expansion Slots (PCI Express Slot)

There is 1 PCI Express slot slot on the motherboard.



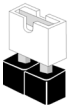
Before installing an expansion card, please make sure that the power supply is switched off or the power cord is unplugged. Please read the documentation of the expansion card and make necessary hardware settings for the card before you start the installation.

PCIe slot:

PCIe1 (PCIe 3.0 x16 slot) is used for PCI Express x16 lane width graphics cards.

2.5 Jumpers Setup

The illustration shows how jumpers are setup. When the jumper cap is placed on the pins, the jumper is “Short”. If no jumper cap is placed on the pins, the jumper is “Open”.



Short



Open

Clear CMOS Jumper
(CLRMOS1)
(see p.7, No. 15)



2-pin Jumper

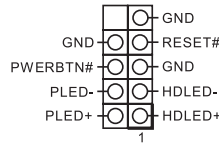
CLRMOS1 allows you to clear the data in CMOS. To clear and reset the system parameters to default setup, please turn off the computer and unplug the power cord from the power supply. After waiting for 15 seconds, use a jumper cap to short the pins on CLRMOS1 for 5 seconds. However, please do not clear the CMOS right after you update the BIOS. If you need to clear the CMOS when you just finish updating the BIOS, you must boot up the system first, and then shut it down before you do the clear-CMOS action. Please be noted that the password, date, time, and user default profile will be cleared only if the CMOS battery is removed. Please remember to remove the jumper cap after clearing the CMOS.

2.6 Onboard Headers and Connectors



Onboard headers and connectors are NOT jumpers. Do NOT place jumper caps over these headers and connectors. Placing jumper caps over the headers and connectors will cause permanent damage to the motherboard.

System Panel Header
(9-pin PANEL1)
(see p.7, No. 13)



Connect the power switch, reset switch and system status indicator on the chassis to this header according to the pin assignments below. Note the positive and negative pins before connecting the cables.



PWRBTN (Power Switch):

Connect to the power switch on the chassis front panel. You may configure the way to turn off your system using the power switch.

RESET (Reset Switch):

Connect to the reset switch on the chassis front panel. Press the reset switch to restart the computer if the computer freezes and fails to perform a normal restart.

PLED (System Power LED):

Connect to the power status indicator on the chassis front panel. The LED is on when the system is operating. The LED keeps blinking when the system is in S1/S3 sleep state. The LED is off when the system is in S4 sleep state or powered off (S5).

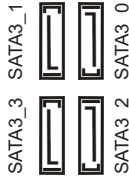
HDLED (Hard Drive Activity LED):

Connect to the hard drive activity LED on the chassis front panel. The LED is on when the hard drive is reading or writing data.

The front panel design may differ by chassis. A front panel module mainly consists of power switch, reset switch, power LED, hard drive activity LED, speaker and etc. When connecting your chassis front panel module to this header, make sure the wire assignments and the pin assignments are matched correctly.

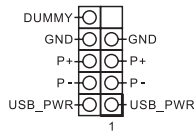
Serial ATA3 Connectors

(SATA3_0:
see p.7, No. 10)
(SATA3_1:
see p.7, No. 9)
(SATA3_2:
see p.7, No. 12)
(SATA3_3:
see p.7, No. 11)



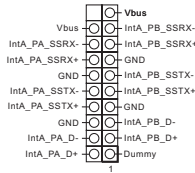
These four SATA3 connectors support SATA data cables for internal storage devices with up to 6.0 Gb/s data transfer rate.

USB 2.0 Header (9-pin USB_34) (see p.7, No. 14)



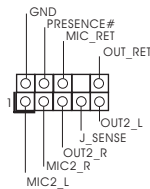
There is one USB2.0 header on this motherboard. This USB 2.0 header can support two ports.

USB 3.2 Gen1 Header (19-pin USB3_34) (see p.7, No. 8)



There is one header on this motherboard. This USB 3.2 Gen1 header can support two ports.

Front Panel Audio Header (9-pin HD_AUDIO1) (see p.7, No. 17)



This header is for connecting audio devices to the front audio panel.

**PWRBTN (Power Switch):**

Connect to the power switch on the chassis front panel. You may configure the way to turn off your system using the power switch.

RESET (Reset Switch):

Connect to the reset switch on the chassis front panel. Press the reset switch to restart the computer if the computer freezes and fails to perform a normal restart.

PLED (System Power LED):

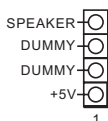
Connect to the power status indicator on the chassis front panel. The LED is on when the system is operating. The LED keeps blinking when the system is in S1/S3 sleep state. The LED is off when the system is in S4 sleep state or powered off (S5).

HDLED (Hard Drive Activity LED):

Connect to the hard drive activity LED on the chassis front panel. The LED is on when the hard drive is reading or writing data.

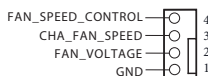
The front panel design may differ by chassis. A front panel module mainly consists of power switch, reset switch, power LED, hard drive activity LED, speaker and etc. When connecting your chassis front panel module to this header, make sure the wire assignments and the pin assignments are matched correctly.

Chassis Speaker Header
(4-pin SPEAKER1)
(see p.7, No. 16)



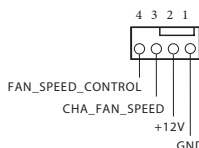
Please connect the chassis speaker to this header.

Chassis/Water Pump Fan Connector
(4-pin CHA_FAN1/WP)
(see p.7, No. 3)



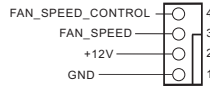
This motherboard provides a 4-Pin water cooling chassis fan connector. If you plan to connect a 3-Pin chassis water cooler fan, please connect it to Pin 1-3.

Chassis Fan Connector
(4-pin CHA_FAN2)
(see p.7, No. 18)



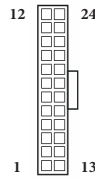
Please connect fan cables to the fan connector and match the black wire to the ground pin.

CPU Fan Connector
(4-pin CPU_FAN1)
(see p.7, No. 2)



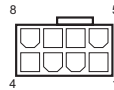
This motherboard provides a 4-Pin CPU fan (Quiet Fan) connector. If you plan to connect a 3-Pin CPU fan, please connect it to Pin 1-3.

ATX Power Connector
(24-pin ATXPWR1)
(see p.7, No. 6)



This motherboard provides a 24-pin ATX power connector.

ATX 12V Power Connector
(8-pin ATX12V1)
(see p.7, No. 1)



This motherboard provides a 8-pin ATX 12V power connector. To use a 4-pin ATX power supply, please plug it along Pin 1 and Pin 5.

***Warning: Please make sure that the power cable connected is for the CPU and not the graphics card. Do not plug the PCIe power cable to this connector.**

RGB LED Header
(4-pin RGB_LED1)
(see p.7, No. 4)

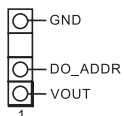


RGB header is used to connect RGB LED extension cable which allows users to choose from various LED lighting effects.

Caution: Never install the RGB LED cable in the wrong orientation; otherwise, the cable may be damaged.

* Please refer to page 43 for further instructions on this header.

Addressable LED Header
(3-pin ADDR_LED1)
(see p.7, No. 7)



This header is used to connect Addressable LED extension cable which allows users to choose from various LED lighting effects.

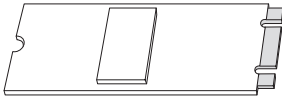
Caution: Never install the Addressable LED cable in the wrong orientation; otherwise, the cable may be damaged.

* Please refer to page 44 for further instructions on this header.

2.7 M.2_SSD (NGFF) Module Installation Guide (M2_1 and M2_2)

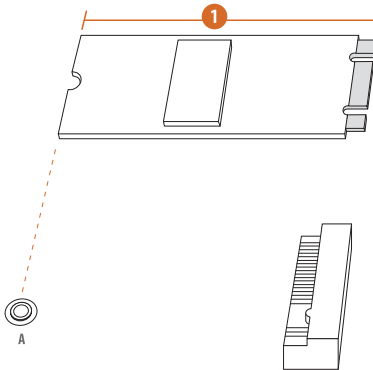
The M.2, also known as the Next Generation Form Factor (NGFF), is a small size and versatile card edge connector that aims to replace mPCIe and mSATA. The Ultra M.2 Socket (M2_1) supports M Key type 2280 M.2 SATA3 6.0 Gb/s module and M.2 PCI Express module up to Gen3 x4 (32 Gb/s). The Ultra M.2 Socket (M2_2) supports M Key type 2280 M.2 PCI Express module up to Gen3 x4 (32 Gb/s).

Installing the M.2_SSD (NGFF) Module



Step 1

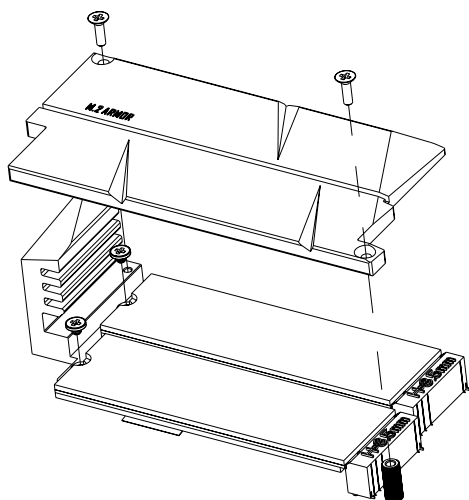
Prepare a M.2_SSD (NGFF) module and the screw.



Step 2

Depending on the PCB type and length of your M.2_SSD (NGFF) module, find the corresponding nut location to be used.

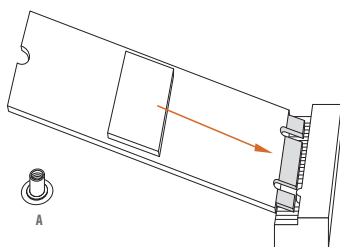
No.	1
Nut Location	A
PCB Length	8cm
Module Type	Type2280



Step 3

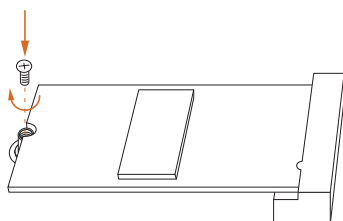
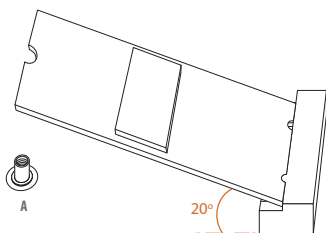
Before installing a M.2 (NGFF) SSD module, please loosen the screws to remove the M.2 heatsink.

*Please remove the protective films on the bottom side of the M.2 heatsink before you install a M.2 SSD module.



Step 4

Align and gently insert the M.2 (NGFF) SSD module into the M.2 slot. Please be aware that the M.2 (NGFF) SSD module only fits in one orientation.



Step 5

Tighten the screw with a screwdriver to secure the module into place.

Please do not overtighten the screw as this might damage the module.

M.2_SSD (NGFF) Module Support List (M2_1)

Vendor	Interface	P/N
ADATA	SATA3	AXNS330E-32GM-B
ADATA	SATA3	AXNS381E-128GM-B
ADATA	SATA3	AXNS381E-256GM-B
ADATA	SATA3	ASU800NS38-256GT-C
ADATA	SATA3	ASU800NS38-512GT-C
ADATA	PCIe3 x4	ASX7000NP-128GT-C
ADATA	PCIe3 x4	ASX8000NP-256GM-C
ADATA	PCIe3 x4	ASX7000NP-256GT-C
ADATA	PCIe3 x4	ASX8000NP-512GM-C
ADATA	PCIe3 x4	ASX7000NP-512GT-C
Apacer	PCIe3 x4	AP240GZ280
Corsair	PCIe3 x4	CSSD-F240GBMP500
Crucial	SATA3	CT120M500SSD4
Crucial	SATA3	CT240M500SSD4
Intel	SATA3	Intel SSDSCCKGW080A401/80G
Intel	PCIe3 x4	SSDPEKKF256G7
Intel	PCIe3 x4	SSDPEKKF512G7
Kingston	SATA3	SM2280S3
Kingston	PCIe3 x4	SKC1000/480G
Kingston	PCIe2 x4	SH2280S3/480G
OCZ	PCIe3 x4	RVD400 -M2280-512G (NVME)
PATRIOT	PCIe3 x4	PH240GPM280SSDR NVME
Plextor	PCIe3 x4	PX-128M8PeG
Plextor	PCIe3 x4	PX-1TM8PeG
Plextor	PCIe3 x4	PX-256M8PeG
Plextor	PCIe3 x4	PX-512M8PeG
Plextor	PCIe	PX-G256M6e
Plextor	PCIe	PX-G512M6e
Samsung	PCIe3 x4	SM961 MZVPPW128HEGM (NVM)
Samsung	PCIe3 x4	PM961 MZVLW128HEGR (NVME)
Samsung	PCIe3 x4	960 EVO (MZ-V6E250) (NVME)
Samsung	PCIe3 x4	960 EVO (MZ-V6E250BW) (NVME)
Samsung	PCIe3 x4	SM951 (NVME)
Samsung	PCIe3 x4	SM951 (MZHPV256HDGL)
Samsung	PCIe3 x4	SM951 (MZHPV512HDGL)
Samsung	PCIe3 x4	SM951 (NVME)
Samsung	PCIe x4	XP941-512G (MZHPU512HCGL)
SanDisk	PCIe	SD6PP4M-128G
SanDisk	PCIe	SD6PP4M-256G
Team	SATA3	TM4PS4128GMC105
Team	SATA3	TM4PS4256GMC105
Team	SATA3	TM8PS4128GMC105
Team	SATA3	TM8PS4256GMC105

TEAM	PCIe3 x4	TM8FP2240G0C101
TEAM	PCIe3 x4	TM8FP2480GC110
Transcend	SATA3	TS256GMTS400
Transcend	SATA3	TS512GMTS600
Transcend	SATA3	TS512GMTS800
V-Color	SATA3	VLM100-120G-2280B-RD
V-Color	SATA3	VLM100-240G-2280RGB
V-Color	SATA3	VSM100-240G-2280
V-Color	SATA3	VLM100-240G-2280B-RD
WD	SATA3	WDS100T1B0B-00AS40
WD	SATA3	WDS240G1G0B-00RC30
WD	PCIe3 x4	WDS256G1X0C-00ENX0 (NVME)
WD	PCIe3 x4	WDS512G1X0C-00ENX0 (NVME)

For the latest updates of M.2_SSD (NFGG) module support list, please visit our website for details: <http://www.asrock.com>

M.2_SSD (NGFF) Module Support List (M2_2)

Vendor	Interface	P/N
ADATA	PCIe3 x4	ASX7000NP-128GT-C
ADATA	PCIe3 x4	ASX8000NP-256GM-C
ADATA	PCIe3 x4	ASX7000NP-256GT-C
ADATA	PCIe3 x4	ASX8000NP-512GM-C
ADATA	PCIe3 x4	ASX7000NP-512GT-C
Apacer	PCIe3 x4	AP240GZ280
Corsair	PCIe3 x4	CSSD-F240GBMP500
Intel	PCIe3 x4	SSDPEKKF256G7
Intel	PCIe3 x4	SSDPEKKF512G7
Kingston	PCIe3 x4	SKC1000/480G
Kingston	PCIe2 x4	SH2280S3/480G
OCZ	PCIe3 x4	RVD400 -M2280-512G (NVME)
PATRIOT	PCIe3 x4	PH240GPM280SSDR NVME
Plextor	PCIe3 x4	PX-128M8PeG
Plextor	PCIe3 x4	PX-1TM8PeG
Plextor	PCIe3 x4	PX-256M8PeG
Plextor	PCIe3 x4	PX-512M8PeG
Plextor	PCIe	PX-G256M6e
Plextor	PCIe	PX-G512M6e
Samsung	PCIe3 x4	SM961 MZVPW128HEGM (NVM)
Samsung	PCIe3 x4	PM961 MZVLW128HEGR (NVME)
Samsung	PCIe3 x4	960 EVO (MZ-V6E250) (NVME)
Samsung	PCIe3 x4	960 EVO (MZ-V6E250BW) (NVME)
Samsung	PCIe3 x4	SM951 (NVME)
Samsung	PCIe3 x4	SM951 (MZHPV256HDGL)
Samsung	PCIe3 x4	SM951 (MZHPV512HDGL)
Samsung	PCIe3 x4	SM951 (NVME)
Samsung	PCIe x4	XP941-512G (MZHPU512HCGL)
SanDisk	PCIe	SD6PP4M-128G
SanDisk	PCIe	SD6PP4M-256G
TEAM	PCIe3 x4	TM8FP2240G0C101
TEAM	PCIe3 x4	TM8FP2480GC110
WD	PCIe3 x4	WDS256G1X0C-00ENX0 (NVME)
WD	PCIe3 x4	WDS512G1X0C-00ENX0 (NVME)

For the latest updates of M.2_SSD (NFGG) module support list, please visit our website for details: <http://www.asrock.com>

Chapter 3 Software and Utilities Operation

3.1 Installing Drivers

The Support CD that comes with the motherboard contains necessary drivers and useful utilities that enhance the motherboard's features.

Running The Support CD

To begin using the support CD, insert the CD into your CD-ROM drive. The CD automatically displays the Main Menu if "AUTORUN" is enabled in your computer. If the Main Menu does not appear automatically, locate and double click on the file "ASRSETUP.EXE" in the Support CD to display the menu.

Drivers Menu

The drivers compatible to your system will be auto-detected and listed on the support CD driver page. Please click **Install All** or follow the order from top to bottom to install those required drivers. Therefore, the drivers you install can work properly.


Utilities Menu

The Utilities Menu shows the application software that the motherboard supports. Click on a specific item then follow the installation wizard to install it.

3.2 ASRock Motherboard Utility (A-Tuning)

ASRock Motherboard Utility (A-Tuning) is ASRock's multi purpose software suite with a new interface, more new features and improved utilities.

3.2.1 Installing ASRock Motherboard Utility (A-Tuning)

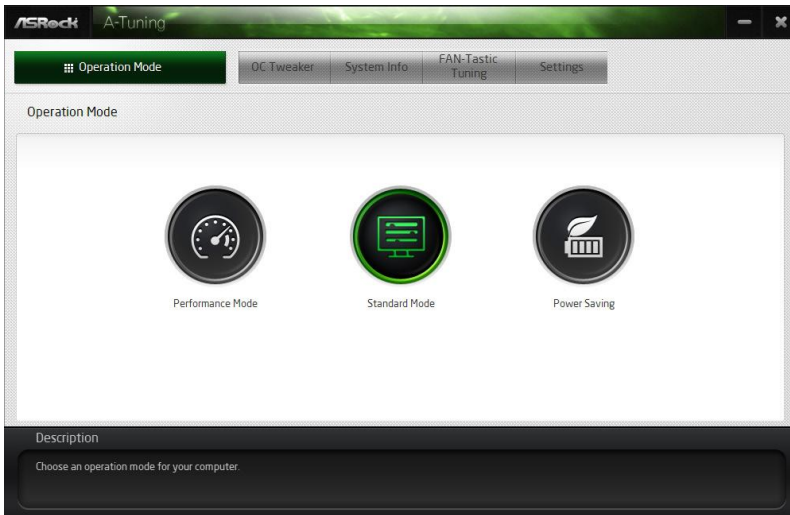
ASRock Motherboard Utility (A-Tuning) can be downloaded from ASRock Live Update & APP Shop. After the installation, you will find the icon "ASRock Motherboard Utility (A-Tuning)" on your desktop. Double-click the "ASRock Motherboard Utility (A-Tuning)"  icon, ASRock Motherboard Utility (A-Tuning) main menu will pop up.

3.2.2 Using ASRock Motherboard Utility (A-Tuning)

There are five sections in ASRock Motherboard Utility (A-Tuning) main menu: Operation Mode, OC Tweaker, System Info, FAN-Tastic Tuning and Settings.

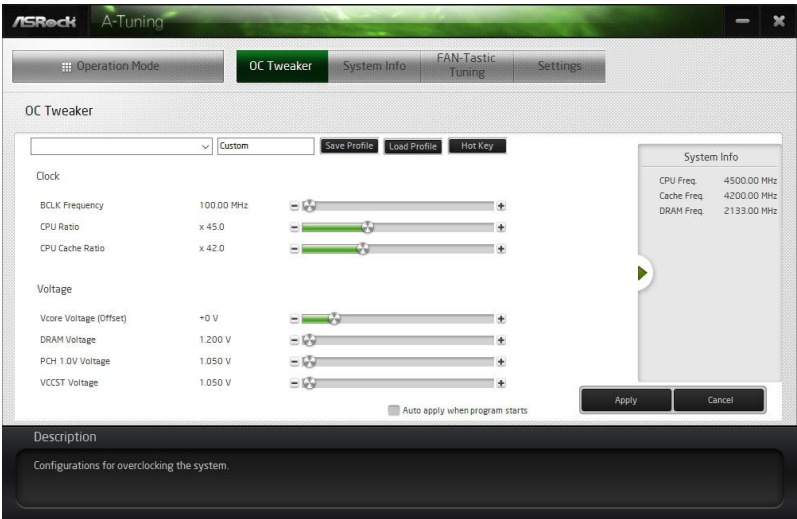
Operation Mode

Choose an operation mode for your computer.



OC Tweaker

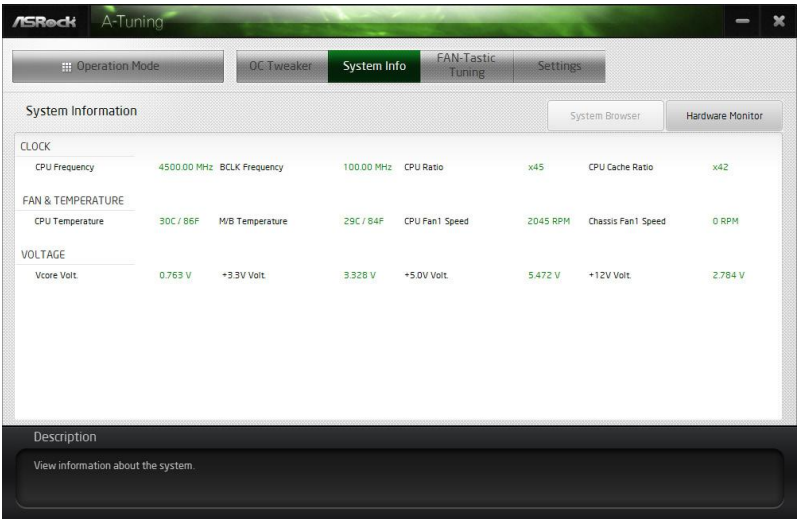
Configurations for overclocking the system.



System Info

View information about the system.

*The System Browser tab may not appear for certain models.



FAN-Tastic Tuning

Configure up to five different fan speeds using the graph. The fans will automatically shift to the next speed level when the assigned temperature is met.

FAN-Tastic Tuning

CPU FAN1

Start FAN Test

Fan Power	Fan Speed
100%	N/A RPM
90%	N/A RPM
80%	N/A RPM
70%	N/A RPM
60%	N/A RPM
50%	N/A RPM
40%	N/A RPM
30%	N/A RPM
20%	N/A RPM
10%	N/A RPM

☐ Auto apply when program starts

Description

Configure different fan speeds for respective temperatures using the graph. The fans will automatically shift to the next speed level when the assigned temperature is met.

Settings

Configure ASRock ASRock Motherboard Utility (A-Tuning). Click to select "Auto run at Windows Startup" if you want ASRock Motherboard Utility (A-Tuning) to be launched when you start up the Windows operating system.

Settings

☐ Auto run at Windows Startup


Description

Configure ASRock A-Tuning.

Version: 3.0.93

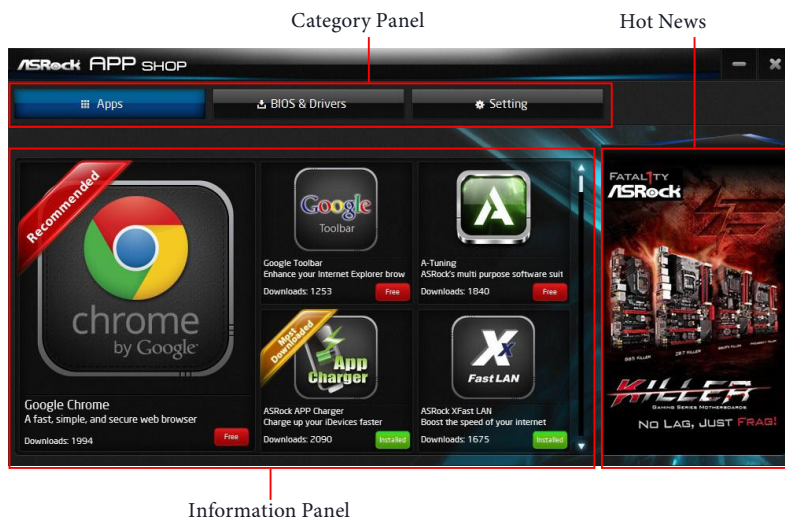
3.3 ASRock Live Update & APP Shop

The ASRock Live Update & APP Shop is an online store for purchasing and downloading software applications for your ASRock computer. You can quickly and easily install various apps and support utilities. With ASRock Live Update & APP Shop, you can optimize your system and keep your motherboard up to date simply with a few clicks.

Double-click  on your desktop to access ASRock Live Update & APP Shop utility.

**You need to be connected to the Internet to download apps from the ASRock Live Update & APP Shop.*

3.3.1 UI Overview



Category Panel: The category panel contains several category tabs or buttons that when selected the information panel below displays the relative information.

Information Panel: The information panel in the center displays data about the currently selected category and allows users to perform job-related tasks.

Hot News: The hot news section displays the various latest news. Click on the image to visit the website of the selected news and know more.

3.3.2 Apps

When the "Apps" tab is selected, you will see all the available apps on screen for you to download.

Installing an App

Step 1

Find the app you want to install.



The most recommended app appears on the left side of the screen. The other various apps are shown on the right. Please scroll up and down to see more apps listed.

You can check the price of the app and whether you have already installed it or not.



- The red icon displays the price or "Free" if the app is free of charge.




- The green "Installed" icon means the app is installed on your computer.

Step 2

Click on the app icon to see more details about the selected app.

Step 3


If you want to install the app, click on the red icon  to start downloading.



Step 4

When installation completes, you can find the green "Installed" icon appears on the upper right corner.



To uninstall it, simply click on the trash can icon .

*The trash icon may not appear for certain apps.

Upgrading an App

You can only upgrade the apps you have already installed. When there is an available new version for your app, you will find the mark of "New Version" appears below the installed app icon.



Step 1

Click on the app icon to see more details.

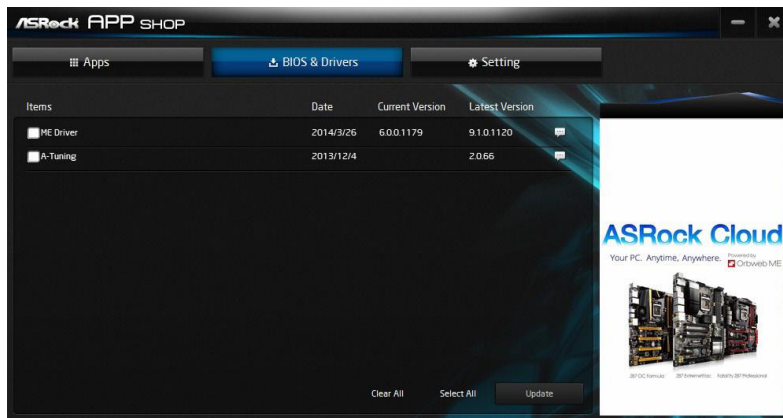
Step 2

Click on the yellow icon  to start upgrading.

3.3.3 BIOS & Drivers

Installing BIOS or Drivers

When the "BIOS & Drivers" tab is selected, you will see a list of recommended or critical updates for the BIOS or drivers. Please update them all soon.



Step 1

Please check the item information before update. Click on ⓘ to see more details.

Step 2

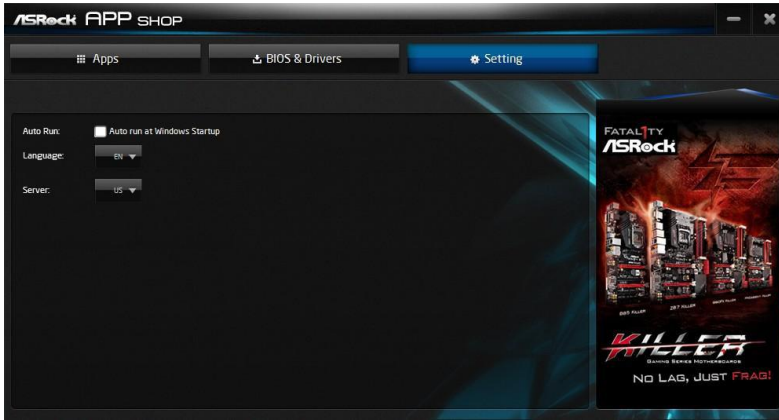
Click to select one or more items you want to update.

Step 3

Click Update to start the update process.

3.3.4 Setting

In the "Setting" page, you can change the language, select the server location, and determine if you want to automatically run the ASRock Live Update & APP Shop on Windows startup.



3.4 Nahimic Audio

Nahimic audio software provides an incredible high definition sound technology which boosts the audio and voice performance of your system. Nahimic Audio interface is composed of four tabs: Audio, Microphone, Sound Tracker and Settings.



There are four functions in Nahimic audio :

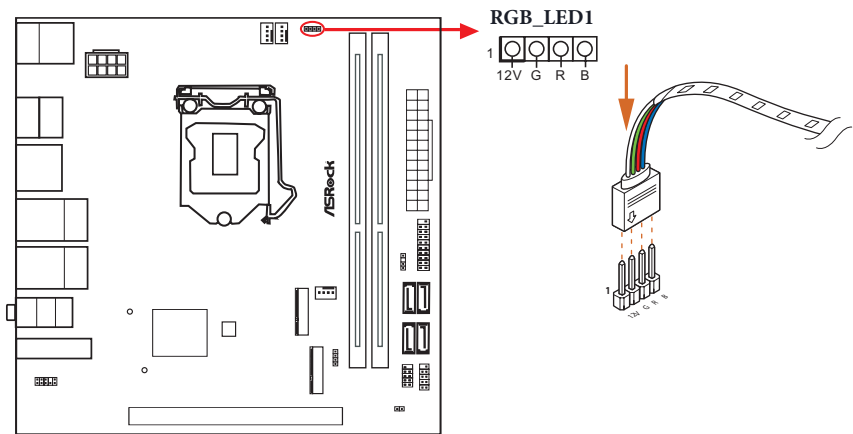
No.	Function	Description
1	Audio	From this tab, you can mute the current audio device, choose between four factory audio profiles, turn all audio effects on/off, restores the current profile to its default settings and access Surround Sound and various features.
2	Microphone	From this tab, you can mute the current mic device, choose between two factory mic profiles, turn/off all microphone effects, restore the current profile to its default settings, and access Static Noise Suppression and various features.
3	Sound Tracker	The Sound Tracker provides a visual indication localizing the sources of the sounds while in a game. These are represented by dynamic segments pointing the direction of the sounds: the more opaque they are, the stronger the sounds are.
4	Settings	From this tab, you can access all settings and information of the software.

3.5 ASRock Polychrome SYNC

ASRock Polychrome SYNC is a lighting control utility specifically designed for unique individuals with sophisticated tastes to build their own stylish colorful lighting system. Simply by connecting the LED strip, you can customize various lighting schemes and patterns, including Static, Breathing, Strobe, Cycling, Music, Wave and more.

Connecting the LED Strip

Connect your RGB LED strips to the **RGB LED Header (RGB_LED1)** on the motherboard.



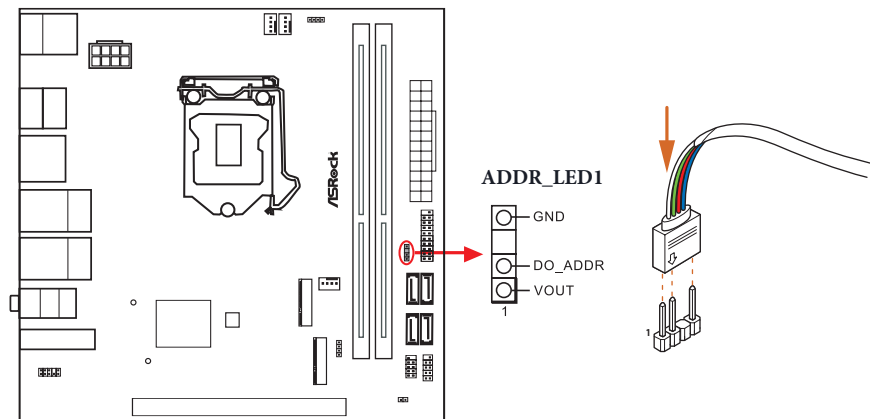
1. Never install the RGB LED cable in the wrong orientation; otherwise, the cable may be damaged.
2. Before installing or removing your RGB LED cable, please power off your system and unplug the power cord from the power supply. Failure to do so may cause damages to motherboard components.



1. Please note that the RGB LED strips do not come with the package.
2. The RGB LED header supports standard 5050 RGB LED strip (12V/G/R/B), with a maximum power rating of 3A (12V) and length within 2 meters.

Connecting the Addressable RGB LED Strip

Connect your Addressable RGB LED strips to the **Addressable LED Header (ADDR_LED1)** on the motherboard.



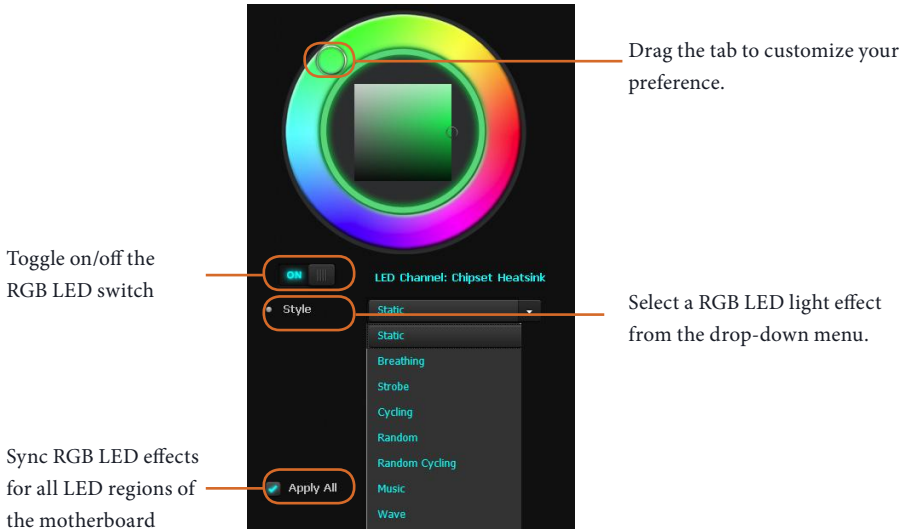
1. Never install the RGB LED cable in the wrong orientation; otherwise, the cable may be damaged.
2. Before installing or removing your RGB LED cable, please power off your system and unplug the power cord from the power supply. Failure to do so may cause damages to motherboard components.



1. Please note that the RGB LED strips do not come with the package.
2. The RGB LED header supports WS2812B addressable RGB LED strip (5V/Data/GND), with a maximum power rating of 3A (5V) and length within 2 meters.

ASRock Polychrome SYNC Utility

Now you can adjust the RGB LED color through the ASRock Polychrome SYNC Utility. Download this utility from the ASRock Live Update & APP Shop and start coloring your PC style your way!



Chapter 4 UEFI SETUP UTILITY

4.1 Introduction

This section explains how to use the UEFI SETUP UTILITY to configure your system. You may run the UEFI SETUP UTILITY by pressing <F2> or right after you power on the computer, otherwise, the Power-On-Self-Test (POST) will continue with its test routines. If you wish to enter the UEFI SETUP UTILITY after POST, restart the system by pressing <Ctl> + <Alt> + <Delete>, or by pressing the reset button on the system chassis. You may also restart by turning the system off and then back on.

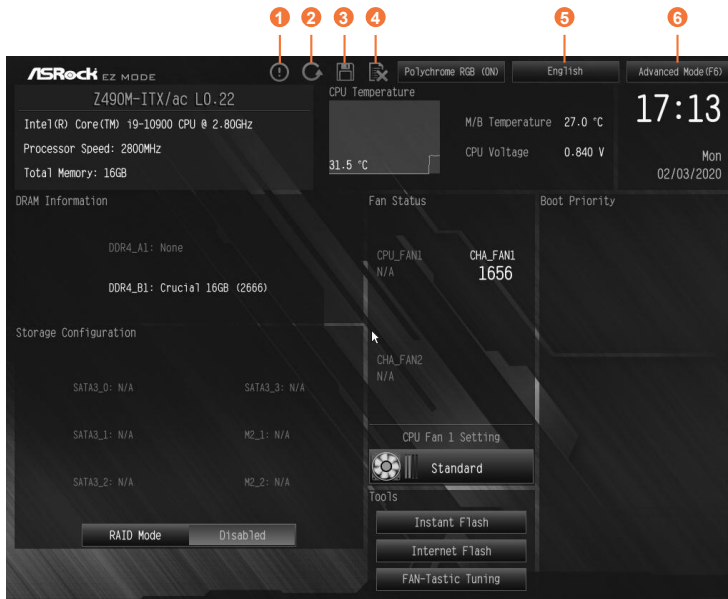


Because the UEFI software is constantly being updated, the following UEFI setup screens and descriptions are for reference purpose only, and they may not exactly match what you see on your screen.

4.2 EZ Mode

The EZ Mode screen appears when you enter the BIOS setup program by default. EZ mode is a dashboard which contains multiple readings of the system's current status. You can check the most crucial information of your system, such as CPU speed, DRAM frequency, SATA information, fan speed, etc.

Press <F6> or click the "Advanced Mode" button at the upper right corner of the screen to switch to "Advanced Mode" for more options.



No.	Function
1	Help
2	Load UEFI Defaults
3	Save Changes and Exit
4	Discard Changes
5	Change Language
6	Switch to Advanced Mode

4.3 Advanced Mode

The Advanced Mode provides more options to configure the BIOS settings. Refer to the following sections for the detailed configurations.

To access the EZ Mode, press <F6> or click the "EZ Mode" button at the upper right corner of the screen.

4.3.1 UEFI Menu Bar

The top of the screen has a menu bar with the following selections:

Main	For setting system time/date information
OC Tweaker	For overclocking configurations
Advanced	For advanced system configurations
Tool	Useful tools
H/W Monitor	Displays current hardware status
Security	For security settings
Boot	For configuring boot settings and boot priority
Exit	Exit the current screen or the UEFI Setup Utility

4.3.2 Navigation Keys

Use <←→> key or <→> key to choose among the selections on the menu bar, and use <↑> key or <↓> key to move the cursor up or down to select items, then press <Enter> to get into the sub screen. You can also use the mouse to click your required item.

Please check the following table for the descriptions of each navigation key.

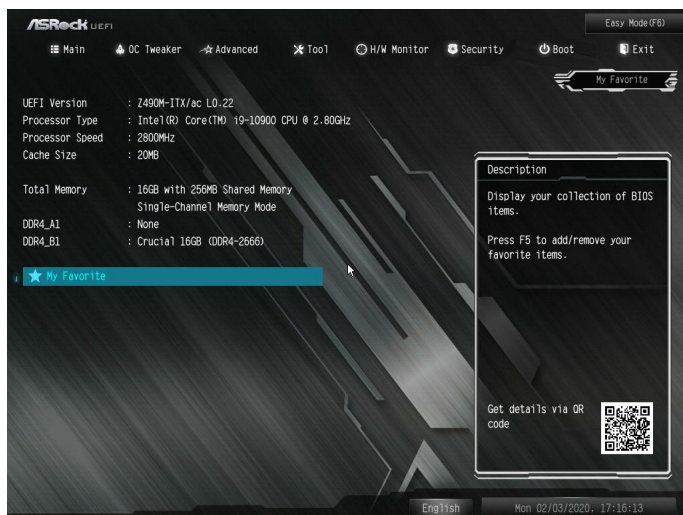
Navigation Key(s)	Description
+ / -	To change option for the selected items
<Tab>	Switch to next function
<PGUP>	Go to the previous page
<PGDN>	Go to the next page
<HOME>	Go to the top of the screen
<END>	Go to the bottom of the screen
<F1>	To display the General Help Screen
<F5>	Add / Remove Favorite
<F7>	Discard changes and exit the SETUP UTILITY
<F9>	Load optimal default values for all the settings
<F10>	Save changes and exit the SETUP UTILITY
<F12>	Print screen
<ESC>	Jump to the Exit Screen or exit the current screen

4.4 Main Screen

When you enter the UEFI SETUP UTILITY, the Main screen will appear and display the system overview.



The availability and location of BIOS settings can be different for different models and BIOS versions.



My Favorite

Display your collection of BIOS items. Press F5 to add/remove your favorite items.

4.5 OC Tweaker Screen

In the OC Tweaker screen, you can set up overclocking features.



Because the UEFI software is constantly being updated, the following UEFI setup screens and descriptions are for reference purpose only, and they may not exactly match what you see on your screen.

Advanced Turbo

You can use this option to increase your system performance. This option appears only when your CPU supports this function. This option appears only when you adopt K-Series CPU.

Load Optimized CPU OC Setting

You can use this option to load optimized CPU overclocking setting. Please note that overclocking may cause damage to your CPU and motherboard. It should be done at your own risk and expense.

Load Optimized GPU OC Setting

You can use this option to load optimized GPU overclocking setting. Please note that overclocking may cause damage to your GPU and motherboard. It should be done at your own risk and expense. This option appears only when you adopt K-Series CPU.

CPU Configuration

AVX Ratio Offset

AVX Ratio Offset specifies a negative offset from the CPU Ratio for AVX workloads. AVX is a more stressful workload that lower the AVX ratio to ensure maximum possible ratio for SSE workloads.

BCLK Frequency

The CPU speed is determined by the CPU Ratio multiplied with the BCLK. Increasing the BCLK will increase the internal CPU clock speed but also affect the clock speed of other components.

BCLK Spread Spectrum

Enable BCLK Spread Spectrum to reduce electromagnetic interference for passing EMI tests. Disable to achieve higher clock speeds when overclocking.

BCLK Aware Adaptive Voltage

BCLK Aware Adaptive Voltage enable/disable. When enabled, pcode will be aware of the BCLK frequency when calculating the CPU V/F curves. This is ideal for BCLK OC to avoid high voltage overrides.

Boot Performance Mode

Select the performance state that the BIOS will set before OS handoff.

FCLK Frequency

Configure the FCLK Frequency.

Ring to Core Ratio Offset

Disable Ring to Core Ratio Offset so the ring and core can run at the same frequency.

Intel SpeedStep Technology

Intel SpeedStep technology allows processors to switch between multiple frequencies and voltage points for better power saving and heat dissipation.

Intel Turbo Boost Technology

Intel Turbo Boost Technology enables the processor to run above its base operating frequency when the operating system requests the highest performance state.

Intel Thermal Velocity Boost Ratio Clipping

This service controls Core frequency reduction caused by high package tempera-

tures for processors that implement the Intel Thermal Velocity Boost (TVB) feature. It is required to be disabled for supporting overclocking at frequencies higher than the default max turbo frequency.

Intel Thermal Velocity Boost Voltage Optimizations

This service controls thermal based voltage optimizations for processors that implement the Intel Thermal Velocity Boost (TVB) feature.

GT Frequency

Configure the frequency of the integrated GPU.

DRAM Configuration

DRAM Tweaker

Fine tune the DRAM settings by leaving marks in checkboxes. Click OK to confirm and apply your new settings.

Memory Information

Allows users to browse the serial presence detect (SPD) and Intel extreme memory profile (XMP) for DDR4 modules.

DRAM Timing Configuration

Load XMP Setting

Load XMP settings to overclock the memory and perform beyond standard specifications.

DRAM Frequency

If [Auto] is selected, the motherboard will detect the memory module(s) inserted and assign the appropriate frequency automatically.

Primary Timing

CAS# Latency (tCL)

The time between sending a column address to the memory and the beginning of the data in response.

RAS# to CAS# Delay and Row Precharge (tRCDtRP)

RAS# to CAS# Delay : The number of clock cycles required between the opening of a row of memory and accessing columns within it.

Row Precharge: The number of clock cycles required between the issuing of the precharge command and opening the next row.

RAS# Active Time (tRAS)

The number of clock cycles required between a bank active command and issuing the precharge command.

Command Rate (CR)

The delay between when a memory chip is selected and when the first active command can be issued.

Secondary Timing

Write Recovery Time (tWR)

The amount of delay that must elapse after the completion of a valid write operation, before an active bank can be precharged.

Refresh Cycle Time (tRFC)

The number of clocks from a Refresh command until the first Activate command to the same rank.

RAS to RAS Delay (tRRD_L)

The number of clocks between two rows activated in different banks of the same rank.

RAS to RAS Delay (tRRD_S)

The number of clocks between two rows activated in different banks of the same rank.

Write to Read Delay (tWTR_L)

The number of clocks between the last valid write operation and the next read command to the same internal bank.

Write to Read Delay (tWTR_S)

The number of clocks between the last valid write operation and the next read command to the same internal bank.

Read to Precharge (tRTP)

The number of clocks that are inserted between a read command to a row precharge command to the same rank.

Four Activate Window (tFAW)

The time window in which four activates are allowed the same rank.

CAS Write Latency (tCWL)

Configure CAS Write Latency.

Third Timing

tREFI

Configure refresh cycles at an average periodic interval.

tCKE

Configure the period of time the DDR4 initiates a minimum of one refresh command internally once it enters Self-Refresh mode.

Turn Around Timing

tRDRD_sg

Configure between module read to read delay.

tRDRD_dg

Configure between module read to read delay.

tRDRD_dr

Configure between module read to read delay.

tRDRD_dd

Configure between module read to read delay.

tRDWR_sg

Configure between module read to write delay.

tRDWR_dg

Configure between module read to write delay.

tRDWR_dr

Configure between module read to write delay.

tRDWR_dd

Configure between module read to write delay.

tWRRD_sg

Configure between module write to read delay.

tWRRD_dg

Configure between module write to read delay.

tWRRD_dr

Configure between module write to read delay.

tWRRD_dd

Configure between module write to read delay.

tWRWR_sg

Configure between module write to write delay.

tWRWR_dg

Configure between module write to write delay.

tWRWR_dr

Configure between module write to write delay.

tWRWR_dd

Configure between module write to write delay.

Round Trip Timing

RTL Init Value

Configure round trip latency init value for round trip latency training.

IO-L Init Value

Configure IO latency init value for IO latency training.

RTL (CH A)

Configure round trip latency for channel A.

RTL (CH B)

Configure round trip latency for channel B.

IO-L (CH A)

Configure IO latency for channel A.

IO-L (CH B)

Configure IO latency for channel B.

IO-L Offset (CH A)

Configure IO latency offset for channel A.

IO-L Offset (CH B)

Configure IO latency offset for channel B.

RFR Delay (CH A)

Configure RFR Delay for Channel A.

RFR Delay (CH B)

Configure RFR Delay for Channel B.

ODT Setting

ODT WR (A1)

Configure the memory on die termination resistors' WR for channel A.

ODT WR (B1)

Configure the memory on die termination resistors' WR for channel B.

ODT NOM (A1)

Use this to change ODT (CH A) Auto/Manual settings. The default is [Auto].

ODT NOM (B1)

Use this to change ODT (CH B) Auto/Manual settings. The default is [Auto].

ODT PARK (A1)

Configure the memory on die termination resistors' PARK for channel A.

ODT PARK (B1)

Configure the memory on die termination resistors' PARK for channel B.

COMP Setting

RCOMP0: DQ ODT (Read)

Default is 121.

RCOMP1: DQ /CLK Ron (Drive Strength)

Default is 75.

RCOMP2: CMD/CTL Ron (Drive Strength)

Default is 100.

DQ ODT Driving

Adjust ODT Driving for better signal. Default is 60.

DQ Driving

Adjust DQ Driving for better signal. Default is 26.

Command Driving

Adjust Command Driving for better signal. Default is 20.

Control Driving

Adjust Control Driving for better signal. Default is 20.

Clock Driving

Adjust Clock Driving for better signal. Default is 26.

DQ Slew Rate

Adjust DQ Slew Rate for better signal. Default is 59.

Command Slew Rate

Adjust Command Slew Rate for better signal. Default is 53 for 1N, 89 for 2N.

Control Slew Rate

Adjust Control Slew Rate for better signal. Default is 53.

Clock Slew Rate

Adjust Clock Slew Rate for better signal. Default is 53.

Dll Bandwidth 0

Configure Dll Bandwidth 0 (1067 MHz) to maximize the performance of integrated memory controller.

Dll Bandwidth 1

Configure Dll Bandwidth 1 (1333 MHz) to maximize the performance of integrated memory controller.

Dll Bandwidth 2

Configure Dll Bandwidth 2 (1600 MHz) to maximize the performance of integrated memory controller.

Dll Bandwidth 3

Configure Dll Bandwidth 3 (1867 MHz) to maximize the performance of intergrated memory controller.

MRS Setting

MRS tCL

Configure the tCL for Memory MRS MR0.

MRS tWRtRTP

Configure the tWRtRTP for Memory MRS MRC.

MRS tCWL

Configure the tCWL for Memory MRS MR2.

MRS tCCD_L

Configure the tCL for Memory MRS MR6.

Advanced Setting

ASRock Timing Optimization

Configure the fast path through the MRC.

Realtime Memory Timing

Configure the realtime memory timings.

[Enabled] The system will allow performing realtime memory timing changes after MRC_DONE.

Command Tristate

Configure the Command Tristate Support.

Exit On Failure

Configure the Exit On Failure for MRC training steps.

Reset On Training Fail

Reset system if the MRC training fails.

MRC Fast Boot

Enable Memory Fast Boot to skip DRAM memory training for booting faster.

Voltage Configuration

CPU Core/Cache Voltage

Input voltage for the processor by the external voltage regulator.

CPU Load-Line Calibration

CPU Load-Line Calibration helps prevent CPU voltage droop when the system is under heavy loading.

GT Voltage

Configure the voltage for the integrated GPU.

GT Load-Line Calibration

GT Load-Line Calibration helps prevent integrated GPU voltage droop when the system is under heavy load.

DRAM Voltage

Use this to configure DRAM Voltage. The default value is [Auto].

DRAM Activating Power Supply

Configure the voltage for the DRAM Activating Power Supply.

PCH +1.05 Voltage

Configure the chipset voltage (1.05V).

VCCIO Voltage

Configure the voltage for the VCCIO.

VCCSA Voltage

Configure the voltage for the VCCSA.

FIVR Configuration

CPU V/F Curve

Configure CPU Voltage/Frequency Curve.

Save User Default

Type a profile name and press enter to save your settings as user default.

Load User Default

Load previously saved user defaults.

Save User UEFI Setup Profile to Disk

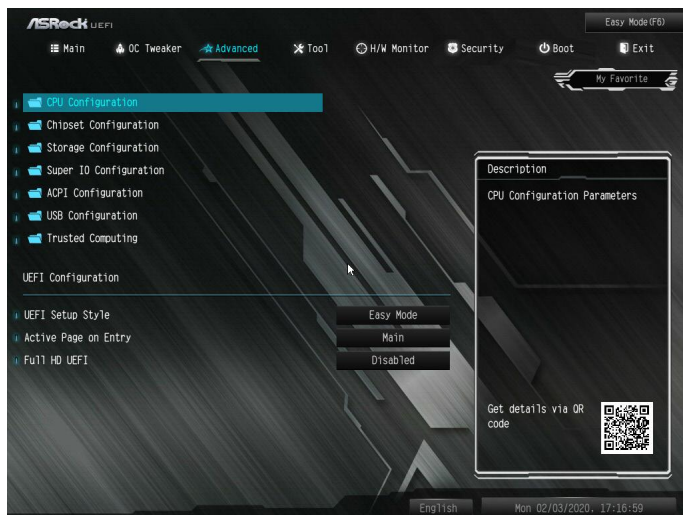
It helps you to save current UEFI settings as an user profile to disk.

Load User UEFI Setup Profile from Disk

You can load previous saved profile from the disk.

4.6 Advanced Screen

In this section, you may set the configurations for the following items: CPU Configuration, Chipset Configuration, Storage Configuration, Super IO Configuration, ACPI Configuration, USB Configuration and Trusted Computing.



Setting wrong values in this section may cause the system to malfunction.

UEFI Configuration

UEFI Setup Style

Select the default mode when entering the UEFI setup utility.

Active Page on Entry

Select the default page when entering the UEFI setup utility.

Full HD UEFI

When [Auto] is selected, the resolution will be set to 1920 x 1080 if the monitor supports Full HD resolution. If the monitor does not support Full HD resolution, then the resolution will be set to 1024 x 768. When [Disable] is selected, the resolution will be set to 1024 x 768 directly.

4.6.1 CPU Configuration



Intel Hyper Threading Technology

Intel Hyper Threading Technology allows multiple threads to run on each core, so that the overall performance on threaded software is improved.

Active Processor Cores

Select the number of cores to enable in each processor package.

CPU C States Support

Enable CPU C States Support for power saving. It is recommended to keep C3, C6 C7 and C10 all enabled for better power saving.

Enhanced Halt State (C1E)

Enable Enhanced Halt State (C1E) for lower power consumption.

CPU C3 State Support

Enable C3 deep sleep state for lower power consumption.

CPU C6 State Support

Enable C6 deep sleep state for lower power consumption.

CPU C7 State Support

Enable C7 deep sleep state for lower power consumption.

CPU C10 State Support

Enable C10 deep sleep state for lower power consumption.

Package C State Support

Enable CPU, PCIe, Memory, Graphics C State Support for power saving.

CFG Lock

This item allows you to disable or enable the CFG Lock.

C6DRAM

Enable/Disable moving of DRAM contents to PRM memory when CPU is in C6 state.

CPU Thermal Throttling

Enable CPU internal thermal control mechanisms to keep the CPU from overheating.

Intel Virtualization Technology

Intel Virtualization Technology allows a platform to run multiple operating systems and applications in independent partitions, so that one computer system can function as multiple virtual systems.

Hardware Prefetcher

Automatically prefetch data and code for the processor. Enable for better performance.

Adjacent Cache Line Prefetch

Automatically prefetch the subsequent cache line while retrieving the currently requested cache line. Enable for better performance.

Software Guard Extensions (SGX)

Intel SGX is a set of new CPU instructions that can be used by applications to set aside private regions of code and data.

4.6.2 Chipset Configuration



Primary Graphics Adapter

Select a primary VGA.

Above 4G Decoding

Enable or disable 64bit capable Devices to be decoded in Above 4G Address Space (only if the system supports 64 bit PCI decoding).

VT-d

Intel® Virtualization Technology for Directed I/O helps your virtual machine monitor better utilize hardware by improving application compatibility and reliability, and providing additional levels of manageability, security, isolation, and I/O performance.

SR-IOV Support

If system has SR-IOV capable PCIe Devices, this option Enables or Disables Single Root IO Virtualization Support.

DMI Link Speed

Configure DMI Slot Link Speed. Auto mode is optimizing for overclocking.

PCIE1 Link Speed

Select the link speed for PCIE1.

PCI Express Native Control

Select Enable for enhanced PCI Express power saving in OS.

PCIE ASPM Support

This option enables/disables the ASPM support for all CPU downstream devices.

PCH PCIE ASPM Support

This option enables/disables the ASPM support for all PCH PCIE devices.

DMI ASPM Support

This option enables/disables the control of ASPM on CPU side of the DMI Link.

PCH DMI ASPM Support

This option enables/disables the ASPM support for all PCH DMI devices.

Share Memory

Configure the size of memory that is allocated to the integrated graphics processor when the system boots up.

IGPU Multi-Monitor

Select disable to disable the integrated graphics when an external graphics card is installed.
Select enable to keep the integrated graphics enabled at all times.

Inte(R) Ethernet Connection I219-V

Enable or disable the onboard network interface controller (Intel® I219V).

Dragon RTL8125BG

Enable or disable the onboard network interface controller (Dragon RTL8125BG).

Onboard HD Audio

Enable/disable onboard HD audio. Set to Auto to enable onboard HD audio and automatically disable it when a sound card is installed.

Front Panel

Enable/disable front panel HD audio.

Onboard HDMI HD Audio

Enable audio for the onboard digital outputs.

Onboard WAN Device

Use this item to enable or disable the onboard WAN device.

WAN Radio

Enable/disable the WiFi module's connectivity.

Bluetooth

Enable/disable the Bluetooth connectivity.

Deep Sleep

Configure deep sleep mode for power saving when the computer is shut down.

Restore on AC/Power Loss

Select the power state after a power failure. If [Power Off] is selected, the power will remain off when the power recovers. If [Power On] is selected, the system will start to boot up when the power recovers.

Turn On Onboard LED in S5

Turn on Onboard LED in the ACPI S5 state.

Restore Onboard LED Default

Restore Onboard LED default value.

RGB LED

This option enables/disables the RGB LED.

4.6.3 Storage Configuration



SATA Controller(s)

Enable/disable the SATA controllers.

SATA Mode Selection

AHCI: Supports new features that improve performance.

RAID: Combine multiple disk drives into a logical unit.

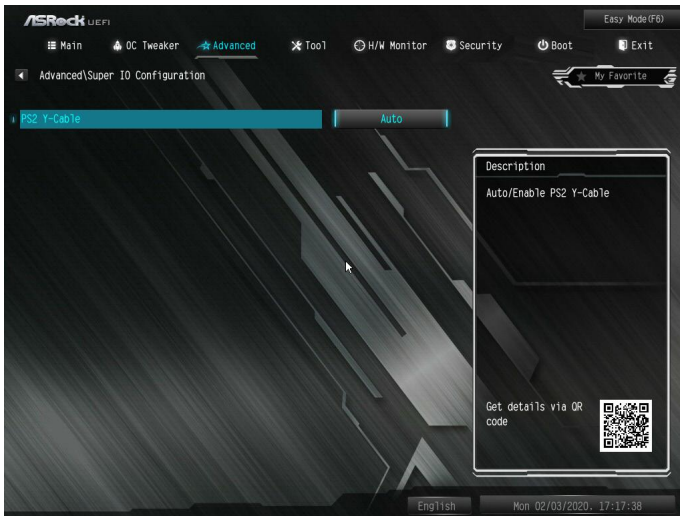
SATA Aggressive Link Power Management

SATA Aggressive Link Power Management allows SATA devices to enter a low power state during periods of inactivity to save power. It is only supported by AHCI mode.

Hard Disk S.M.A.R.T.

S.M.A.R.T stands for Self-Monitoring, Analysis, and Reporting Technology. It is a monitoring system for computer hard disk drives to detect and report on various indicators of reliability.

4.6.4 Super IO Configuration



PS2 Y-Cable

Enable the PS2 Y-Cable or set this option to Auto.

4.6.5 ACPI Configuration



Suspend to RAM

Select disable for ACPI suspend type S1. It is recommended to select auto for ACPI S3 power saving.

PS/2 Keyboard Power On

Allow the system to be waked up by a PS/2 Keyboard.

PCIE Devices Power On

Allow the system to be waked up by a PCIE device and enable wake on LAN.

I219 LAN Power On

Allow the system to be waked up by the Onboard Intel LAN.

RTC Alarm Power On

Allow the system to be waked up by the real time clock alarm. Set it to By OS to let it be handled by your operating system.

USB Keyboard/Remote Power On

Allow the system to be waked up by an USB keyboard or remote controller.

USB Mouse Power On

Allow the system to be waked up by an USB mouse.

4.6.6 USB Configuration



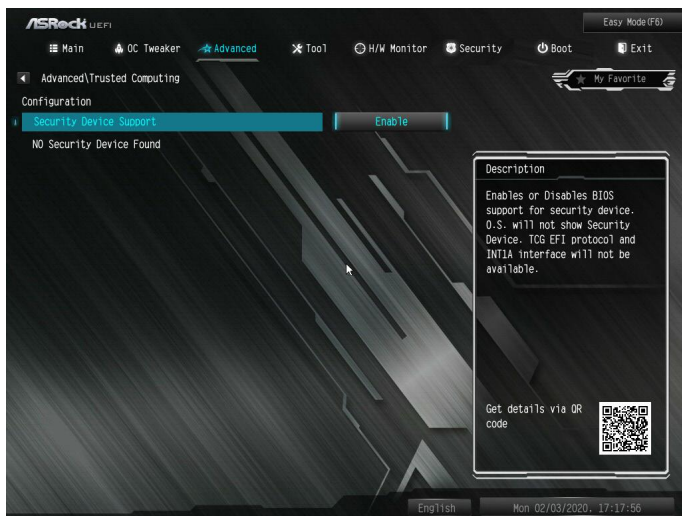
Legacy USB Support

Enable or disable Legacy OS Support for USB 2.0 devices. If you encounter USB compatibility issues it is recommended to disable legacy USB support. Select UEFI Setup Only to support USB devices under the UEFI setup and Windows/Linux operating systems only.

XHCI Hand-off

This is a workaround for OSes without XHCI hand-off support. The XHCI ownership change should be claimed by XHCI driver.

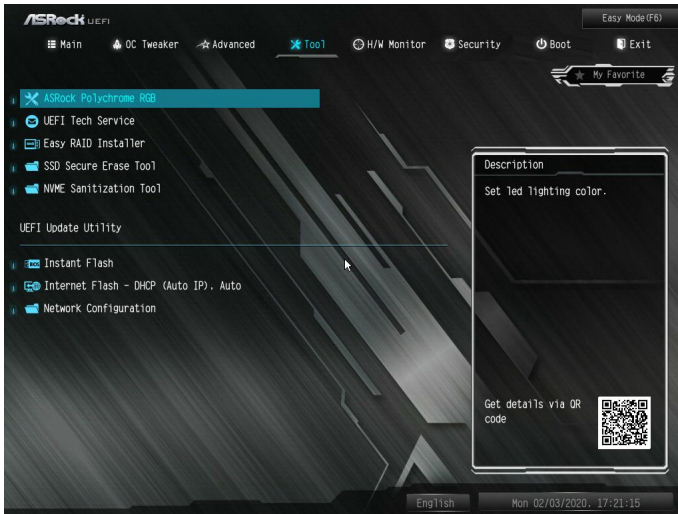
4.6.7 Trusted Computing



Security Device Support

Enable or disable BIOS support for security device.

4.7 Tools



ASRock Polychrome RGB

Select LED lighting color.

UEFI Tech Service

Contact ASRock Tech Service if you are having trouble with your PC. Please setup network configuration before using UEFI Tech Service.

Easy RAID Installer

Easy RAID Installer helps you to copy the RAID driver from the support CD to your USB storage device. After copying the drivers please change the SATA mode to RAID, then you can start installing the operating system in RAID mode.

SSD Secure Erase Tool

All the SSD's listed that supports Secure Erase function.

NVMe Sanitization Tool

After you Sanitize SSD, all user data will be permanently destroyed on the SSD and cannot be recovered.

Instant Flash

Save UEFI files in your USB storage device and run Instant Flash to update your UEFI.

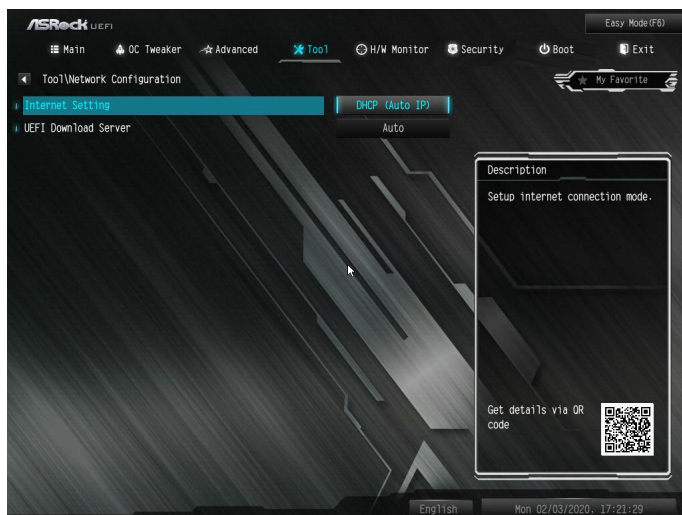
Internet Flash - DHCP (Auto IP), Auto

ASRock Internet Flash downloads and updates the latest UEFI firmware version from our servers for you. Please setup network configuration before using Internet Flash.

*For BIOS backup and recovery purpose, it is recommended to plug in your USB pen drive before using this function.

Network Configuration

Use this to configure internet connection settings for Internet Flash.



Internet Setting

Enable or disable sound effects in the setup utility.

UEFI Download Server

Select a server to download the UEFI firmware.

4.8 Hardware Health Event Monitoring Screen

This section allows you to monitor the status of the hardware on your system, including the parameters of the CPU temperature, motherboard temperature, fan speed and voltage.



Fan Tuning

Measure Fan Min Duty Cycle.

Fan-Tastic Tuning

Select a fan mode for CPU Fan, or choose Customize to set 5 CPU temperatures and assign a respective fan speed for each temperature.

CPU Fan 1 Setting

Select a fan mode for CPU Fan 1, or choose Customize to set 5 CPU temperatures and assign a respective fan speed for each temperature.

CPU Fan Step Up

Set the value of CPU Fan Step Up.

CPU Fan Step Down

Set the value of CPU Fan Step Down.

CHA_FAN1 / W_Pump Switch

Select Chassis Fan 1 or Water Pump mode.

Chassis Fan 1 Control Mode

Select PWM mode or DC mode for Chassis Fan 1.

Chassis Fan 1 Setting

Select a fan mode for Chassis Fan 1, or choose Customize to set 5 CPU temperatures and assign a respective fan speed for each temperature.

Chassis Fan 1 Temp Source

Select a fan temperature source for Chassis Fan 1.

Chassis Fan 1 Step Up

Set the value of Chassis Fan 1 Step Up.

Chassis Fan 1 Step Down

Set the value of Chassis Fan 1 Step Down.

Chassis Fan 2 Setting

Select a fan mode for Chassis Fan 2, or choose Customize to set 5 CPU temperatures and assign a respective fan speed for each temperature.

Chassis Fan 2 Temp Source

Select a fan temperature source for Chassis Fan 2.

Chassis Fan 2 Step Up

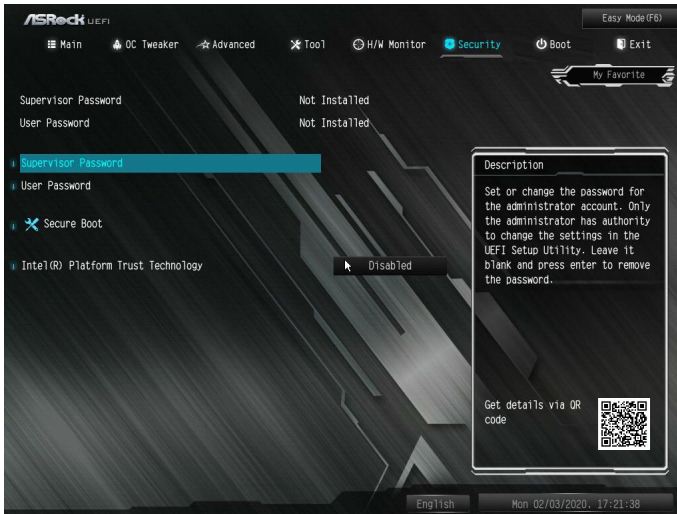
Set the value of Chassis Fan 2 Step Up.

Chassis Fan 2 Step Down

Set the value of Chassis Fan 2 Step Down.

4.9 Security Screen

In this section you may set or change the supervisor/user password for the system. You may also clear the user password.



Supervisor Password

Set or change the password for the administrator account. Only the administrator has authority to change the settings in the UEFI Setup Utility. Leave it blank and press enter to remove the password.

User Password

Set or change the password for the user account. Users are unable to change the settings in the UEFI Setup Utility. Leave it blank and press enter to remove the password.

Secure Boot

Use this item to enable or disable support for Secure Boot.

Intel(R) Platform Trust Technology

Enable/disable Intel PTT in ME. Disable this option to use discrete TPM Module.

4.10 Boot Screen

This section displays the available devices on your system for you to configure the boot settings and the boot priority.



Fast Boot

Fast Boot minimizes your computer's boot time. In fast mode you may not boot from an USB storage device. The VBIOS must support UEFI GOP if you are using an external graphics card. Please notice that Ultra Fast mode will boot so fast that the only way to enter this UEFI Setup Utility is to Clear CMOS or run the Restart to UEFI utility in Windows.

Boot From Onboard LAN

Allow the system to be waked up by the onboard LAN.

Setup Prompt Timeout

Configure the number of seconds to wait for the setup hot key.

Bootup Num-Lock

Select whether Num Lock should be turned on or off when the system boots up.

Boot Beep

Select whether the Boot Beep should be turned on or off when the system boots up. Please note that a buzzer is needed.

Full Screen Logo

Enable to display the boot logo or disable to show normal POST messages.

AddOn ROM Display

Enable AddOn ROM Display to see the AddOn ROM messages or configure the AddOn ROM if you've enabled Full Screen Logo. Disable for faster boot speed.

Boot Failure Guard Message

If the computer fails to boot for a number of times the system automatically restores the default settings.

CSM (Compatibility Support Module)



CSM

Enable to launch the Compatibility Support Module. Please do not disable unless you're running a WHCK test.

Launch PXE OpROM Policy

Select UEFI only to run those that support UEFI option ROM only. Select Legacy only to run those that support legacy option ROM only. Select Do not launch to not execute both legacy and UEFI option ROM.

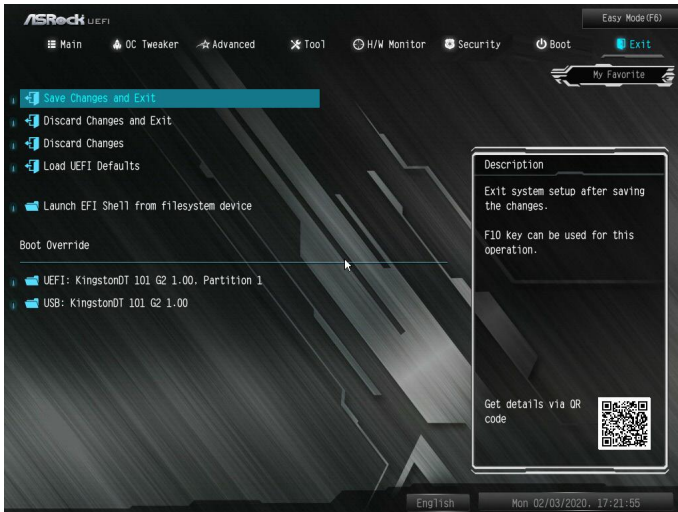
Launch Storage OpROM Policy

Select UEFI only to run those that support UEFI option ROM only. Select Legacy only to run those that support legacy option ROM only. Select Do not launch to not execute both legacy and UEFI option ROM.

Other PCI Device ROM Priority

For PCI devices other than Network, Mass storage or Video defines which OpROM to launch.

4.11 Exit Screen



Save Changes and Exit

When you select this option the following message, “Save configuration changes and exit setup?” will pop out. Select [OK] to save changes and exit the UEFI SETUP UTILITY.

Discard Changes and Exit

When you select this option the following message, “Discard changes and exit setup?” will pop out. Select [OK] to exit the UEFI SETUP UTILITY without saving any changes.

Discard Changes

When you select this option the following message, “Discard changes?” will pop out. Select [OK] to discard all changes.

Load UEFI Defaults

Load UEFI default values for all options. The F9 key can be used for this operation.

Launch EFI Shell from filesystem device

Copy shellx64.efi to the root directory to launch EFI Shell.

Contact Information

If you need to contact ASRock or want to know more about ASRock, you're welcome to visit ASRock's website at <http://www.asrock.com>; or you may contact your dealer for further information. For technical questions, please submit a support request form at <https://event.asrock.com/tsd.asp>

ASRock Incorporation

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Taipei City 112, Taiwan (R.O.C.)

ASRock EUROPE B.V.

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U.S.A.

Phone: +1-909-590-8308

Fax: +1-909-590-1026

DECLARATION OF CONFORMITY

Per FCC Part 2 Section 2.1077(a)



Responsible Party Name: ASRock Incorporation

Address: 13848 Magnolia Ave, Chino, CA91710

Phone/Fax No: +1-909-590-8308/+1-909-590-1026

hereby declares that the product

Product Name : Motherboard

Model Number : Z490M-ITX/ac

Conforms to the following specifications:

☒ FCC Part 15, Subpart B, Unintentional Radiators

Supplementary Information:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Representative Person's Name: James

Signature :

A handwritten signature in black ink, appearing to read 'James', written over a horizontal line.

Date : May 12, 2017

EU Declaration of Conformity



For the following equipment:

Motherboard

(Product Name)

Z490M-ITX/ac / ASRock

(Model Designation / Trade Name)

ASRock Incorporation

(Manufacturer Name)

2F, No.37, Sec. 2, Jhongyang S. Rd., Beitou District, Taipei City 112, Taiwan (R.O.C.)

(Manufacturer Address)

☒ **EMC —Directive 2014/30/EU (from April 20th, 2016)**

☐ EN 55022:2010/AC:2011 Class B

☒ EN 55024:2010/A1:2015

☒ EN 55032:2012+AC:2013 Class B

☒ EN 61000-3-3:2013

☒ EN 61000-3-2:2014

☒ **RED—Directive 2014/53/EU**

☐ EN 300 328 V2.1.1

☒ EN 301 489-17 V3.1.1

☐ EN 301 893 V2.1.1

☐ EN 301 489-3 V2.1.1

☐ EN 300 220 V3.1.1

☐ **LVD —Directive 2014/35/EU (from April 20th, 2016)**

☐ EN 60950-1 : 2011+ A2: 2013

☐ EN 60950-1 : 2006/A12: 2011

☒ RoHS — Directive 2011/65/EU

☒ CE marking



(EU conformity marking)

ASRock EUROPE B.V.

(Company Name)

Bijsterhuizen 1111 6546 AR Nijmegen The Netherlands

(Company Address)

Person responsible for making this declaration:

(Name, Surname)

A.V.P

(Position / Title)

April 17, 2020

(Date)

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